

# MyPortal: What's New & How to Use It



MyPortal is our updated patient portal designed to make it easier to manage your care, connect with your care team, and access important information—anytime, anywhere.

## What's New

- A new dashboard with quick access to appointments, messages, and results
- Easier navigation with fewer clicks
- Calendar view for appointments
- Improved mobile experience
- Faster search and performance

## Virtual Visits

- Join directly from your dashboard
- Test your camera and microphone before your visit
- Invite a family member or caregiver
- Use chat and captions during your visit
- Adjust settings if your connection is slow

## During Your Stay

- View your care team
- See medications during your stay
- Review test results and reports
- Access educational resources
- Stay informed on admission and discharge details

## Quick Tips

- Log in 10–15 minutes early for virtual visits

- Start with the dashboard to save time
- Use the menu to quickly find what you need

Need help? Contact our Medical Records Department at 802-748-7412