



# Ground Grit and Growth



Choosing Health

Northeastern Vermont  
Regional Hospital 2025 Annual Report

# Ground Grit and Growth

## OUR MISSION

Committed to improving the health and wellbeing of all.

## OUR VISION

Providing exceptional care in an environment where our patients, community, and employees thrive.

Ground, Grit, and Growth frame this year's NVRH Annual Report. These themes reflect our journey – our values in action through challenge, change, and progress.

As you explore the report, you'll see how they emerge across stories, data, and milestones, guiding us toward a stronger, more connected future.



A MESSAGE FROM  
**Board Chair**  
**John Kascenska**



A MESSAGE FROM  
**Chief Executive Officer**  
**Shawn Tester**

**S**erving as Chair of the NVRH Board of Trustees for a second year has been both humbling and energizing. This year brought significant change and opportunity, requiring us to adapt and lead with purpose in a dynamic healthcare environment.

Working alongside fellow trustees, our CEO, medical and support staff, senior leadership, and community partners, we remained focused on delivering high-quality care and an exceptional patient experience. Our stewardship included developing and approving a balanced hospital budget, while closely monitoring regulatory and legislative shifts to ensure NVRH's long-term sustainability.

We also tracked economic and demographic trends to guide strategic decisions, pursued responsible growth, and formalized healthcare partnerships. A highlight was the successful fundraising and construction of the West Wing Project, enhancing our facilities and services.

Throughout my tenure, I've been continually inspired by the dedication of those affiliated with NVRH — our talented staff, committed leadership, tireless volunteers, and engaged corporators and trustees.

On behalf of the Board of Trustees, thank you for your continued commitment to the health and well-being of the Northeast Kingdom.

*John R. Kascenska, PhD, Board Chair*

**F**ive years ago, we faced the uncertainty of a global pandemic. I believed then that we would overcome COVID together — and we did. What I couldn't have imagined was how much the years that followed would test our resolve.

This year, the NVRH story is one of **Ground, Grit, and Growth**.

**Ground** reflects our steadfast commitment to the essentials — our core services, exceptional patient care, and the relationships that define our mission. These connections, with patients, staff, and our community, guide every decision we make.

**Grit** speaks to the resilience we've shown in the face of mounting challenges. Rising costs, declining reimbursements, and unprecedented regulatory hurdles have placed pressure on our operations. In September, we made difficult but necessary decisions to ensure long-term sustainability — including staff reductions and program closures. These choices were deeply considered and made with care.

*Continued on next page*



**A MESSAGE FROM**  
**Medical**  
**Staff President**  
**Deborah**  
**Harrigan, MD**

Even in adversity, we've seen remarkable **Growth**. We broke ground on the West Wing Expansion — a once-in-a-generation investment in the future of care at NVRH. Already, we've expanded parking, opened a new in-house pharmacy, and begun transforming our Emergency Department. We've also welcomed new physicians and staff across key specialties, ensuring exceptional care remains available, close to home.

Healthcare affordability continues to weigh heavily on Vermonters, and the road ahead will be complex. But what stands out is the perseverance and generosity of this community. Your support sustains us and makes progress possible.

Together, we are grounded in purpose, fueled by grit, and committed to sustainable growth.

*Shawn P. Tester, MSOL, Chief Executive Officer*

### **A Year of Purposeful Progress**

**T**his year, our hospital stood firm on its founding values — providing exceptional care in an environment where our patients, community, and employees thrive — even as we faced mounting challenges. It's true our resolve was tested, but our team rose to meet the moment. Medical staff demonstrated remarkable flexibility, adjusting work schedules and stepping into new roles to ensure continuity of care and financial stability. Their willingness to adapt — often at personal cost — was a testament to the deep commitment that defines our culture. It was not just resilience; it was leadership in action.

Growth came not only in spirit but in structure. Over the past several months, as we've recruited and on-boarded new providers, we've strengthened NVRH — expanding capacity and access to care.

The expansion of the West Wing marks a milestone in our journey, increasing our footprint and enabling more integrated services. We also accelerated our adoption of innovative technologies, including AI-assisted documentation and diagnostics, which are enhancing clinical workflows and improving patient outcomes. This growth reflects our vision for the future: one rooted in excellence, accessibility, and healing.

*Deborah Harrigan, MD, Medical Staff President*

# Ground

When we speak of ground, we talk about maintaining stability in an ever-changing environment.

This year, we embarked on projects that helped solidify our foundation, putting an emphasis on the core services and programs that define our hospital, and the infrastructure that keeps us up and running.

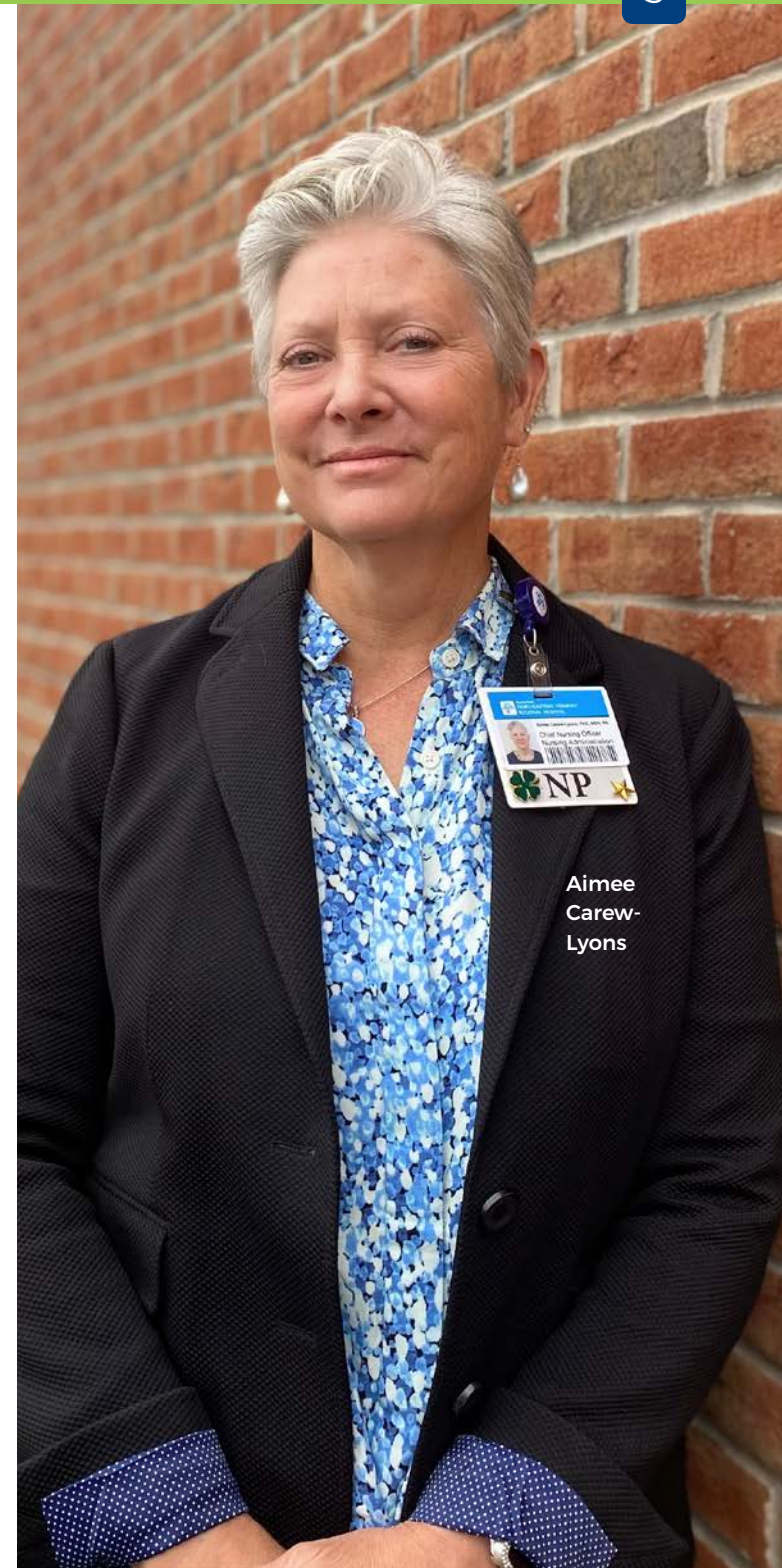
## A Fresh Chapter in Nursing at NVRH

In March, NVRH welcomed Aimee Carew-Lyons, APRN, as our new Chief Nursing Officer. With deep experience in nursing leadership across New England, Aimee brings fresh energy and insight to our team.

She began by listening — engaging staff in conversations about what should start, stop, and continue. That input helped shape a more transparent, quality-driven culture.

Since then, Aimee has introduced new structures to support accountability and improvement, including a refresher course in fall prevention. Her leadership continues to strengthen morale, elevate patient satisfaction, and ensure that compliance remains a priority.

She's also revitalized our nursing education program, building a stronger partnership with Lyndon Institute and exploring innovative ways to reduce costs without compromising care.



Aimee Carew-Lyons



NVRH Labor & Delivery team.

# Service Excellence: Labor & Delivery at NVRH



In 2025, NVRH was re-designated by Baby-Friendly USA, celebrating 25 years of commitment to evidence-based care for babies and families. We're one of only eight hospitals nationwide to reach this milestone — and the only Baby-Friendly certified hospital in Vermont.

This recognition honors our dedication to bonding, breastfeeding, and skin-to-skin care, and reflects the incredible work of our Labor & Delivery and Lactation teams.

Our obstetrics providers and nurses continue to meet rigorous

“Safe Care: Obstetrics” standards year after year, demonstrating a deep commitment to patient safety, team communication, and best practices. We've also seen record-breaking attendance at our Childbirth Education classes, showing how deeply families value the support and preparation we provide.

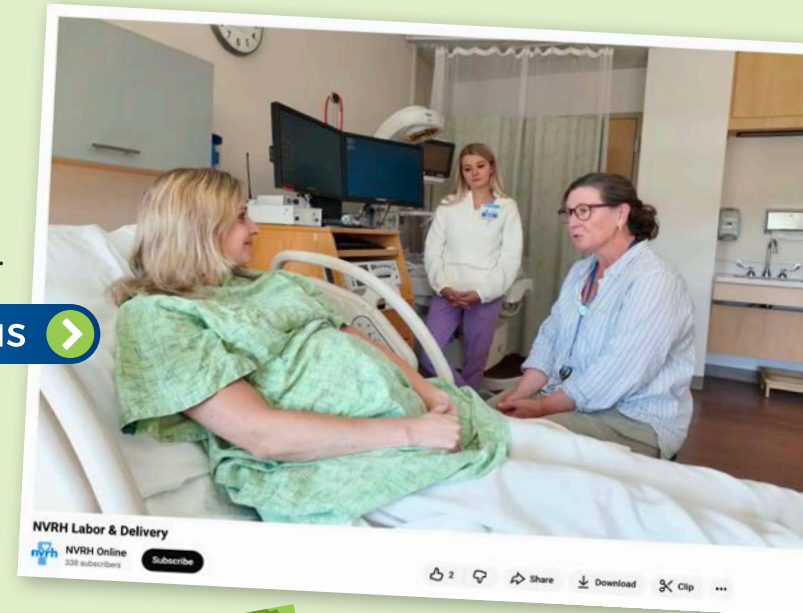
As rural hospitals across the country close their birthing units, NVRH remains a stronghold. Our grounded approach ensures families in our region continue to have access to high-quality, compassionate care — right here at home.



NVRH Certified Nurse Midwives, Emily Olson (L), and Jade Kaplan (R), bring expertise and joy to the NVRH birthing experience.

A new Labor & Delivery video highlighting the services at NVRH was unveiled in 2025.

WATCH THIS



donor  
powered!

Thank You!

## Birth Center Support

As NVRH reaffirmed its commitment to keeping the Birth Center open and serving local families, community members came together with generous gifts to help meet evolving needs — replacing outdated equipment, improving spaces, and ensuring the Center remains a welcoming, state-of-the-art resource for the region.

Donor support made possible items such as a triage stretcher for safer, more comfortable exams and procedures; new birthing beds to replace aging models; improved lighting that enables more in-room procedures; and a high-precision baby scale for accurate newborn weight measurements.

# Strengthening Our Digital Foundation

This year, the NVRH Information Systems (IS) Team made major strides in modernizing our infrastructure and improving integrations. Key to this was migrating employees to Microsoft 365 — a multi-phase effort that retired aging servers, moved us to secure cloud-based storage, and unlocked access to powerful tools like AI-driven Copilot without added licensing costs. Employees now benefit from seamless collaboration, anytime access to documents, and enhanced productivity.



In addition, the IS Team launched two major initiatives to improve patient access and operational efficiency: the implementation of the NCHC LAB Order Interface and Artera integrations for patient scheduling. These enhancements streamline workflows, reduce manual processes, and improve the patient experience by enabling timelier and coordinated care. Together, they represent a significant leap forward in how we connect patients with the services they need. These up-upgrades position NVRH to better meet the evolving needs of our organization, support future communication and collaboration, and ensure a more connected, resilient workforce.

*“While these upgrades often occur behind the scenes, they are key components to maintaining regional excellence in an ever-changing technical landscape.”*

SHAWN BURROUGHS,  
CHIEF INNOVATION AND  
SECURITY OFFICER



Members of NVRH's IS Team



## Grounded in Expression: Youth Find Their Voice Through Photography

NVRH supported a creative collaboration with the Northeast Prevention Coalition and CatCH summer program, empowering middle school students to explore identity through photography.

Fifteen youth used digital cameras to tell personal stories, practicing teamwork, decision-making, and self-expression. Projects like this reflect NVRH's commitment to prevention — creating space for young people to grow with confidence, purpose, and pride.

LEARN MORE



Northeast  
Prevention  
Coalition



Sarah Emery, MED, CPCS, CPMSM (R) and Mary Marceau (L) celebrate the 35th Birthday of the Vermont Association of Medical Staff Services – a group which comprises twelve hospitals in the state.

## NVRH Recognized for Excellence

At NVRH, our foundation is built on supporting our people – patients, staff, and community alike. This year, that commitment was recognized through several meaningful honors that reflect our core strengths, and showcase our administrative, clinical and quality teams' dedication to patients and their experiences here.



### CMS 3-Star Rating

NVRH earned a 3-star rating from the Centers for

Medicare and Medicaid Services, reflecting our dedication to safety, patient-centered care, and continuous improvement.



### Wellbeing First Champion

Our Medical Staff Office was named a 2025 Wellbeing

First Champion by ALL IN: Wellbeing First for Healthcare. This national recognition affirms that our credentialing process is free from stigmatizing language around mental health, helping staff feel safe seeking care without fear of professional consequences.



LOWN  
INSTITUTE

### Leader in Social Responsibility

For the second year in a row, the LOWN Institute named NVRH Vermont's top Critical Access

Hospital for social responsibility – highlighting our leadership in health equity, value, and outcomes.



**Clean Sweep –  
two years in a row!**

NVRH was recognized again by Becker's Hospital Review as one of the top cleanest hospitals in the nation, thanks to our Environmental Services and Laundry team!

**8 Critical Access Hospitals in Vermont Ranked by Equity**

Rank	Name	Compare
1	Northeastern Vermont Regional Hospital Saint Johnsbury, VT	Compare
2	North Country Hospital & Health Ctr Newport, VT	Compare
3	Mt. Ascutney Hospital and Health Center Windsor, VT	Compare
4	Porter Medical Center Middlebury, VT	Compare
5	Gifford Medical Center Randolph, VT	Compare
6	Copley Hospital Montpelier, VT	Compare
7	Springfield Hospital Burlington, VT	Compare
8	Grace Cottage Hospital Dorset, VT	Compare

# Grit

Challenging regulatory environments at the state and national level called for department-wide streamlining.

The NVRH Pharmacy team met the challenge with innovation, perseverance, and creative thinking.



Max Stinehour

## NVRH & NCH Pharmacy Collaboration

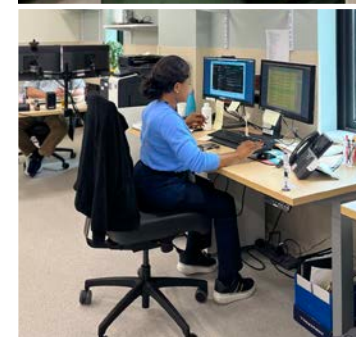
**Improves efficiency & patient care**

In July, NVRH partnered with North Country Hospital (NCH) to enhance pharmaceutical services through shared leadership and resource optimization. This one-year pilot program aims to improve efficiency, reduce costs, and ensure regulatory compliance across both sites and will be especially beneficial to rural patients in Orleans and North Essex Counties.

NVRH's pharmacy leadership will oversee operations, budgeting, compounding, and strategic planning. Key benefits include optimized purchasing, improved drug distribution systems, and clinical consulting support. With deep experience in regulations and compliance, NVRH will help both sites mitigate risks and elevate care quality. A final recommendation on the program's success and continuation is expected by June 2026.

*"This collaboration represents a progressive solution to persistent challenges affecting rural health care delivery. By aligning resources, expertise and strategic oversight, NVRH and NCH can build a sustainable pharmacy care model that will reduce costs, highlight safety and improve patient care."*

MAX STINEHOUR, PHARM.D, DPLA  
NVRH DIRECTOR OF PHARMACY SERVICES



The NVRH Pharmacy team at work. Their space is one area of renovation taking place as part of the West Wing Expansion Project.





NVRH's Britta Hensel worked with students in the classroom and at the hospital.

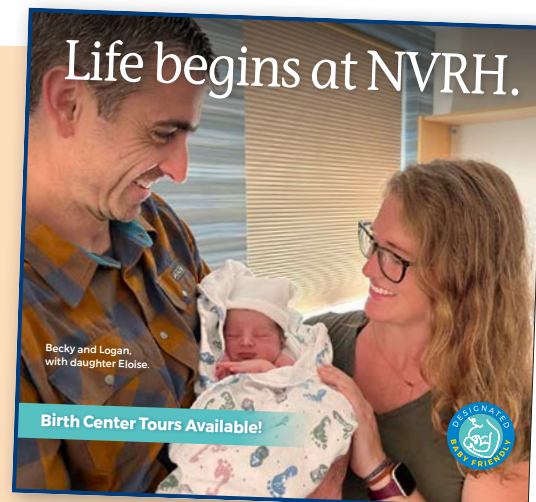
## A collaboration with LI trains future health care professionals

An innovative partnership between NVRH and the Lyndon Institute is offering Licensed Nursing Associate (LNA) instruction to high school students during the 2025-2026 academic year. Students receive daily class-room instruction, practice their skills

using simulated patients, and gain hands-on health care experience to prepare for Vermont licensure testing. The program aims to prepare students for careers in the health care field and to create a pool of skilled employees to fill local health care jobs now and in the future.

### Lives begin – and are saved – at NVRH

To demonstrate the value of local hospitals to the community, a communications campaign was launched to highlight the local lives impacted by the care at NVRH.



Becky and Logan, with daughter Eloise.

Birth Center Tours Available!



#### "The Birth Was the n

When Becky Arms of The Coffee Cabin place to welcome t

Our OB/GYNs and with you to develop making the health our top priority.

"They listen to you and so well taken care of. As people who work in appreciate that level

From prenatal and pr to labor, birth and post care, the NVRH Birth delivers.

Choose health. Choose NVRH.

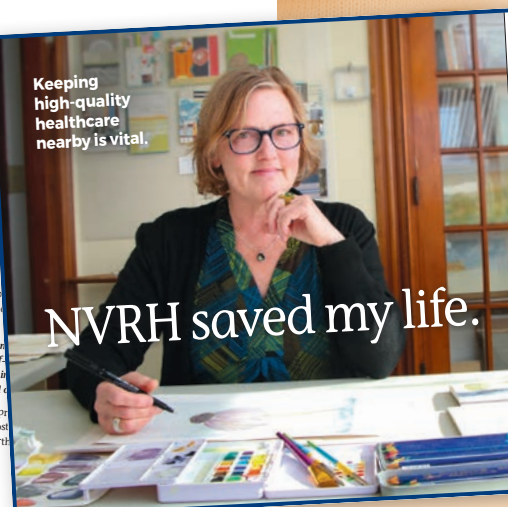


Northeastern Vermont Regional Hospital



1350 HOSPITAL DRIVE ST. JOHNSBURY, VERMONT

### NVRH saved my life.



Keeping high-quality healthcare nearby is vital.

#### When Lyndonville artist, Lori Hinrichsen, had a heart attack.

EMS quickly transported her to NVRH. There, the highly-skilled Emergency Department team triaged, stabilized and resuscitated her for helicopter transport. Within 90 minutes of her symptoms, she was in emergency surgery at Dartmouth Health. Now back home, she continues her rehabilitation with NVRH's Cardiac Rehab team and is back to creating art.

"My heart attack came out of the blue. I am so grateful for the life-saving, professional care I received at NVRH. They were so kind and reassuring—they looked into my eyes and said, 'you're going to be OK.'"

Despite providing exceptional care, Vermont hospitals are not OK. Rising costs and pressing regulations are threatening their ability to care for communities. Without support, they could lose essential services. We must continue to fight for our rural hospitals.

Support your community. Support your hospital.



SCAN HERE FOR THE FULL STORY



Choosing Health  
Northeastern Vermont Regional Hospital



1350 HOSPITAL DRIVE ST. JOHNSBURY, VERMONT



## Efficiency in Billing: Welcome Quik-Pay



This year NVRH introduced the Quik-Pay system, allowing patients to pay their medical bills from anywhere using their Smartphone and a QR code on their statement.

Using Quik-Pay simplifies the billing process for both patients and the hospital by reducing administrative burdens and improving patient satisfaction.



Local residents Becky and Logan welcomed their new baby, Eloise, at NVRH

NVRH's ED team helped save local artist Lori Hinrichsen's life.

## Ensuring sustainability & longevity

### Cost containment efforts lead to changes

In July, with increasing costs and regulatory requirements, NVRH announced the implementation of a cost-containment plan focused on savings through a modest reduction in services and staffing, while ensuring minimal impact to essential services for our community.

To this end, NVRH Occupational Medicine services closed on September 30; certain services were transferred to Northern Express Care, while implementing an in-house employee health nursing model. Early retirement opportunities were offered for some personnel. NVRH also ended its partnership for ENT services with Littleton Regional Healthcare, transitioning patients to our existing ENT providers. Cuts to services and staffing are extremely difficult and challenging and support for those affected is on-going.

NVRH's Shawn Tester (L), with area resident (C) and Tom Frank, CEO North Country Hospital (R) advocating for local hospitals at the VT State House.



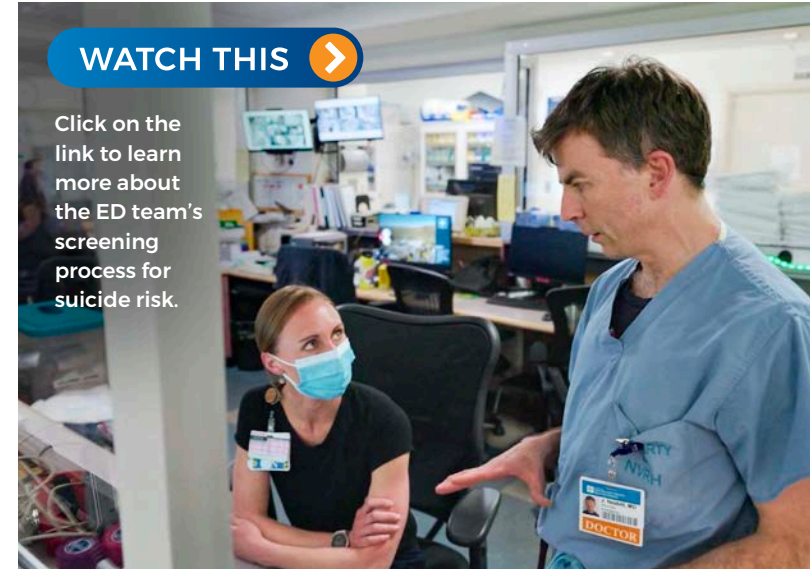
## Empowering the ED

### Real talk about Suicide Prevention

Since 2022, our Emergency Department has adopted a universal screening process so that every patient is screened for suicide risk, no matter why they're visiting. This vital step helps identify people at risk of suicide, improves safety, and can save lives. This year our ED team received additional training and collaborated with the Vermont Program for Quality in Health Care on a powerful video about how hospitals across Vermont are strengthening suicide prevention efforts in the ED.

WATCH THIS ➔

Click on the link to learn more about the ED team's screening process for suicide risk.



donor  
powered!

Thank You!

### McCormack Endowment

The Benjamin A. McCormack Fund, established by William and Claudia McCormack in memory of their son, awarded its first year of grants supporting whole-person wellness — integrating care for both body and mind. Funded initiatives included: creating a lending library at Northern Physical Therapy with resources on managing pain and its effects on mental health; expanding the Empowering Relief program to help individuals with chronic pain better understand and address its emotional impact; training a social worker in Mindful Meditation to benefit both patients and

**TRAIN YOUR BRAIN AWAY FROM PAIN**

**IN ONE SESSION!**

**WEDNESDAY  
SEPTEMBER, 24th  
4:30-6:30  
FREE!**

**NVRH Conf. 126**

- Learn about pain and what you can do to help yourself
- Gain pain relief skills you can use right away
- Receive a free binaural relaxation audiofile
- Create a personal plan for pain relief
- Email [k.laramee@nvrh.org](mailto:k.laramee@nvrh.org) for a login link

*Interested in attending?*  
Email Krista at [k.laramee@nvrh.org](mailto:k.laramee@nvrh.org)

Krista Laramee, DPT

Mykala Winters, DPT

other clinicians to enhance patient care; and offering resources for patients and their families arriving in the Emergency Department during a mental health crisis.

## Grounded in Safety Training & Drills prepare NVRH and our partners

Click on the link to learn more about NVRH's preparedness drills.

LEARN MORE 



This year, NVRH has put an emphasis on safety for our team, employees and patients. One of the best ways to prepare for unknown events is to conduct drills that simulate events. This way internal teams and external partners can be ready in case of an actual emergency.

Two important drills were held this year — an active shooter drill and a decontamination drill. Both events involved community response team from around the region, as well as our own Hospital Emergency Response Team (HERT) who were able to apply training techniques gleaned from their FEMA Center for Domestic Preparedness (CDP) Alabama training earlier in the year.



## Digging into workplace safety

Safety on the job is a key focus for NVRH, as feeling secure at your place of employment improves job satisfaction and retention. 46% of NVRH employees took a Workplace Violence & Safety Survey in September. Building on the foundation of the Workplace Violence Prevention Team and the survey results, we've introduced the Respect & Safety Alliance, an interdisciplinary group focused on fostering a safe, respectful, and healing environment for patients, visitors, and staff.

## Partnering for a safer hospital campus

In an effort to ensure a safer and more secure environment for staff, patients, and visitors, the Caledonia County Sheriff's Office started providing additional rounding and traffic services on the NVRH campus in September. This renewed partnership between the Sheriff's department and NVRH demonstrates our shared commitment to safety and community well-being.



Emergency Management Coordinator Alissa Fontaine (L) and Risk & Compliance Officer Samantha Dow (R) keep NVRH focused on safety.

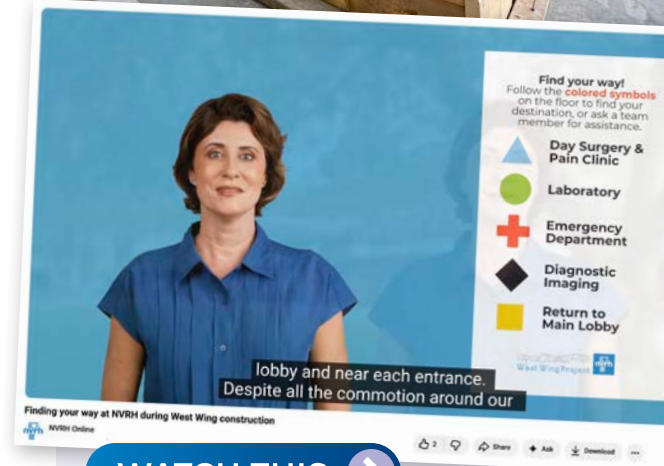
# Growth

Whether it's technological advances that improve patient care, expanding our roster of providers, forging community partnerships, or breaking ground on spaces that will allow us to serve more patients, NVRH is always looking down the road, evaluating future needs, and planning ahead.

## The West Wing takes flight

This year we embarked on the West Wing construction project, the biggest renovation and expansion to NVRH's clinical space since it was built in 1972. The project will bring essential, transformative improvements to our lab, pharmacy, and Emergency Department. As construction proceeds, the exterior profile of the expanded Emergency Department has taken shape, giving us all a promising look at what will be a more efficient, welcoming space to deliver patient care.

We're grateful for the generous support that the West Wing Project continues to receive from supporters and for the patience of our staff, patients, and visitors during construction. We look forward to the project's completion in 2027.



WATCH THIS ➔

Ongoing construction meant challenges for patients, NVRH launched a wayfinding video to assist in showing the way.

More than 250 people attended this year's Gala.



donor  
powered!

Thank You!

## NVRH Gambled... and the West Wing WON!

Thanks to the incredible generosity of our sponsors and donors — both employees and community members — this year's Gala, Black & White Casino Night: All in for the West Wing, was a tremendous success. Gathering at the beautiful Joe's Pond home of Garry and Marion Cairns, we welcomed a record-breaking crowd of more than 250 attendees, along with over 40 volunteers and vendors, and together we raised more than \$140,000 for the West Wing Project (with gifts still coming in!). Every dollar raised helps ensure our ability to meet the health care needs of our community.

LEARN MORE ➔



Dr. Autumn Sacklow (L) and Dr. Amira Ghazali (R) demonstrate the new biopsy tool.

## A new tool for breast health

In September, our General Surgery department acquired a new Mammotome Elite — a vacuum-assisted core needle biopsy tool that allows our diagnosticians to take high quality biopsies under guidance of ultrasound.

The tool can be used to biopsy a breast mass or lump at a regular office appointment, eliminating the need for patients to travel to the x-ray department or to another facility.



## Partnering to help kids get off to a healthy start

This year St. Johnsbury Pediatrics partnered with Northeast Kingdom Community Action (NEKCA) and Vermont Department of Health, Family, & Child Health Division on Health Resources and Services Administration's (HRSA) Transforming Pediatrics for Early Childhood (TPEC) Program to bring the DULCE (Developmental Understanding and Legal Collaboration for Everyone) Program to St. Johnsbury.

Through the DULCE program the Family Specialist at St. Johnsbury Pediatrics has met with over 100 children and their families, providing resources ranging from mental health support to nutritious food, transportation and more. Programs like DULCE help ensure that families are off to a good start, with the resources they need to give children a healthy foundation.

donor  
powered!



## New, comfortable places to rest

Our West Wing construction has made it necessary for patients to walk longer distances from our parking lots. Thanks to the generosity of the Dussault and Mudge families and our NVRH Auxiliary, NVRH installed a series of beautiful new benches along the walkways by our main entrance to provide a comfortable place to rest for patients and visitors.

*Thank You!*

## New providers grow services

This year, NVRH welcomed 8 physicians to our practices, bringing a wealth of experience, knowledge, and skill to departments throughout the hospital. Along with our Advanced Practice providers, they'll help increase our capacity to serve the community.

- Dr. Robert Brown, Hospitalist
- Dr. Cy Cedar, Hospitalist
- Dr. Amira Ghazali, General Surgeon
- Dr. Linda Kissane, Audiologist
- Dr. Mark Pluym, Pulmonologist
- Dr. Brandon Schwartz, Emergency Medicine Physician
- Dr. Jennifer Wetherald, OB/GYN
- Dr. Maggie Yau, Pediatrician



Dr. Jennifer Wetherald (R), joined Dr. Kim Johnson (C), and Dr. Lisa Backlawski (L) on the OB/GYN team



## Diagnostic Imaging and Lab combine forces for improved patient care

An increase in patient call volume was putting a strain on departmental resources in our Diagnostic Imaging department and Lab.

In early May, NVRH streamlined the phone system so that patients calling to schedule appointments in either department would call a single number for both.

*"Having calls to both departments go to the same number has made scheduling patient appointments more efficient and more effective."*

JEANNE McBRIDE, DIRECTOR OF LAB SERVICES

## Federal Grants Help Ensure Quality Care

State and federal grants enable NVRH to purchase new equipment, strengthen technology and security systems, and enhance regional collaboration with other NEK healthcare providers. For example, a HRSA Medicare Rural Hospital Flexibility (Flex) Grant — administered by the Vermont State Office of Rural Health & Primary Care — will fund integration between NVRH's electronic medical records and those of local emergency responders, CALEX (St. Johnsbury) and Lyndon Rescue.

This connection will automatically import patient information from transport to hospital records, saving time for EMS and hospital staff while improving information accuracy and availability.





## Positive partnerships improve community care

Andrea Willey and Debbie Locke-Rousseau of the NVRH Community Health Improvement Department recently formed the local Administrative Team for the “Situation Table,” a program designed to reduce risks and prevent crises. The NVRH team works collaboratively with key partners including police, fire and rescue, schools, the Department of Corrections, and other agencies to identify people or families with elevated risk of harm and provide supportive options and services within 24–48 hours. The goal of the Situation Table is to bring agencies together to build a collaborative “no wrong door” system of team-based community care.



Left: NVRH Community Health Worker Supervisor, Deb Locke-Rousseau.



Situation room team meets to collaborate on community needs.

## Perfect chemistry

In March, NVRH welcomed the arrival of a new Atellica CI1900 chemistry analyzer to our laboratory, thanks to a \$59,500 grant from the USDA’s Rural Development Community Facilities Program. Having the analyzer allows us to run certain tests in-house, including blood tests that screen for diabetes and cardiovascular risk factors, thyroid tests, and more, and get results to patients more quickly.

New analyzer installed in the lab, will process tests more quickly.

donor powered!

*Thank You!*

## New NVRH Lab at the Dartmouth Cancer Center

Support from Chick Allen and the Hawk Rock Foundation is helping purchase the analyzer needed for a new on-site lab at the Dartmouth Cancer Center (formerly Norris Cotton Cancer Center).

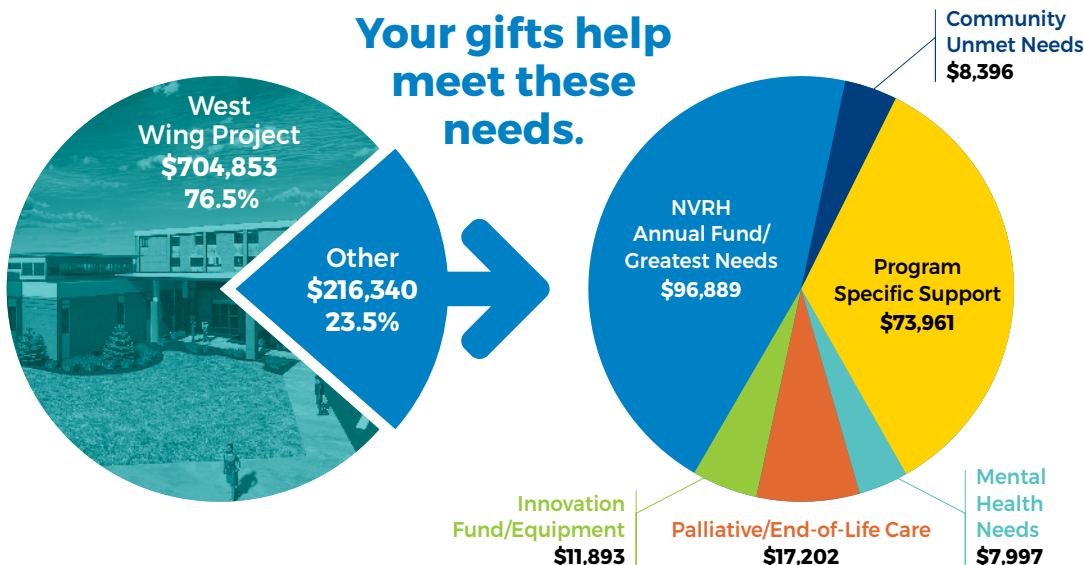
Having a local lab is essential for enrolling patients in clinical trials. When completed in 2026, the lab will allow community members to participate in life-saving research close to home, helping reduce a major healthcare inequality for those unable to travel to Dartmouth.



# Philanthropy

**Our donors are the force behind Northeastern Vermont Regional Hospital,** helping us hold our ground, persevere through challenges, and grow to meet the evolving healthcare needs of our community. Your generosity sustains essential services, fuels innovation, and allows us to extend care across every corner of the rural Northeast Kingdom of Vermont. In every challenge we face, we know we can count on you!

Your support reflects the grit, dedication, and compassion that define our region and we are deeply grateful for your partnership and shared vision of a healthier, stronger community. We celebrate the role you play in shaping the future of healthcare in the NEK and building a lasting legacy of care for generations to come.



## NVRH Legacy Circle: Your Gift. Your Legacy.

NVRH is grateful to our Legacy Circle members who have provided thoughtful and generous support through estate and planned gifts. These gifts will help ensure that NVRH is able to meet healthcare needs into the future.

Anonymous (1)	Bob† and Sharon Fuehrer	Thomas Ryan Paul, Esq.
Jane Arthur	Allan Gilmour and	Dr. Mary Ready
Dorothy Hunt	Eric Jirgens	and Honorable Scott
Bailey Trust	Charles† and	Campbell
James† and Mary Bailey	Hanna Gray	Gregory Rubin Reynolds†
Mark Bowen and	Gretchen† and	The Trust of Evelyn F. and
Wendy Stein	Ken Hammer	Raymond S. Russell†
Charles and	Judy Harbaugh	Katherine A. Silloway,
Wynne Browne	David E. Harriman Trust†	DDS and Mr. R. Gerald
Rita Calkins†	Martha Hill	Webber
Frances Conlon†	Francis D.	Barbara McKay Smith†
Estate of Edward	McGregor Trust†	Laurel Stanley
A. Cramton†	Robert McVicar Trust†	Dr. Elaine Stasny
Henry G.† and Kathleen	Trust Estate of	and Joseph Comeno
C. Darling Trust	Bessie B. Morse and	Mabel H. Sullivan Trust†
Duffy and	George C. Morse†	Estate of Carrie Tisdale†
Patricia Dodge†	Marilyn L. Moulton†	The Estate of
Conrad† and	Jim and Sally Newell	Ethel Walter†
Theresa† Doyon	The Estate of	
The Dussault Family	Sidney Nurenberg†	
Jim Flynn and	The Estate of Elbert	
Claudia Mosher	and Ethel Orcutt†	

†Deceased

## Complimentary Estate Planning Brings Peace of Mind



Through NVRH's complimentary estate planning service, several friends have included gifts in their wills to support community healthcare for years to come. While making a gift is not a requirement of this confidential, values-based planning process, we are deeply grateful to those who have chosen to do so. Providing this service reflects NVRH's commitment to overall health, recognizing that financial wellness is an important part of well-being.

## Thank you for your support!

We are honored to recognize all of the NVRH employees and medical staff, trustees and Corporators, community friends, local businesses, organizations, and foundations who provided support during fiscal year 2025. (This includes gifts made between October 1, 2024 and September 30, 2025.) Your unwavering generosity is what sustains us and helps us proudly meet the healthcare needs of our region.

### Individual Donors

The Achilles Family  
Friend of Adobe, Inc  
John and Patricia Ajamie  
John Alexander  
Heather Alger\* and Nicolas Anzalone  
Fredrick and Frances Alger  
Kevin and Kimberly Allam  
Gary and Debra Allard  
Christine E. Allsop  
Leland Alper  
Alfred and Linda Ames  
Shirley Anderson  
Anonymous (70)  
Margery Anzalone  
Jane Arthur\*\* and John McClung  
David Askren  
Michael Auger  
Peggy Austin  
David Austin†  
Kathleen Bacsardi  
Karen A. Badurski  
Toby Balivet and Pauline Prevost  
Paul\* and Jennifer Barone  
Matthew Bassett  
Megan and William Bearce  
Catherine and Martin Beattie  
Bradley and Kim Before  
Kimberly\* and Edward Behr  
The Beldens  
Wayne Berge and Jan Sherman  
Andrew Berley  
Kate\* and Martin Bertolini  
Sharon and William Biddle  
Danny and Crystal Bigelow  
Kevin and Nicole\* Biggie  
Tracey N. Billings, RN  
Sylvia A. Bishop

Andre and Anne Bissonnette  
Elaine Bixby\*  
Lyn and Debra Bixby  
Patricia Blackmore and Gerald Knowlton  
Brian and Carla Bloomfield  
John and Zenaida Bongaarts  
Naomi Bossom†  
Paul and Christal Boutin  
Mark Bowen\* and Wendy Stein\*  
John Bowler and Phyllis Sweeney  
Catherine Boykin\*\* and Walter Morris  
Brassard Family  
Patricia Briggs  
Carey Brodzinski  
Emily and Bill Brooks  
Paul and Carol Brouha  
Alex\* and Tonia Brown  
David Brown\*\*  
Kim Brown  
Tonya Brown  
Thomas and Kathleen Buck  
Charles\*\* and Deborah Bucknam  
Trisha Bullard  
Mrs. Brenda J. Burke  
Burroughs Family  
Joan Butler  
Leo and Nancy Buttura  
Barry Cahoon and Alicia Hingston  
Robert Cairns and Sheryl Cota  
Garry and Marion Cairns  
Christopher and Bettie Caldwell  
Jack Cannon  
Aimee and Mary Carew-Lyons  
Donald Carpenter  
Bob Carterette

Reed and Christine Cass  
Louis and Mary Anne Cassani  
Francis and Evelyn Caufield  
Sue Jane Cavaliere  
Edward J. Vilandrie and Martha D. Cavanaugh  
Dianne, Jim, and Jessica Chamberlin  
Cheryl and Keith Chandler  
Travis and Amanda Chapman  
Karen Cheney  
Jeff and Maria Racine  
John and Sarah Christman  
Jonathan and Disa Clarner  
Margaret Clayton  
Terry M. and Waneta H. Clifford  
Tausha and Timothy Clouatre  
Patti Coburn  
Elaine Cole-Kerr  
Minty Conant  
Harry\* and Karla Cornelius  
Wendy Corrow  
Stuart\* and Judith Corso  
Lynn Cotter  
Leo H. Peter Coutu  
Jennifer Croft and Family  
Peter\* and Paige Crosby  
Raymond and Angela Croteau  
Andrew Culver  
Barbara Currier  
Dan\* and Kathy Daley  
Judy Daloz\*  
Kim and Roy Darby  
Cynthia Davis  
Debra Davison  
Andrea Dawson and John Conway  
Angela and Jon Day  
Allen Dean

Richard Degreenia and Becky Stone  
Marcus and Ericka Dekle  
Sara Demetry\*  
Dr. Mark J. Detzer  
Nancy Diefenbach  
Gene Dixon  
Joyce Dobbertin and Bob McCabe  
Travis and Deborah Dobbs  
Steven and Deborah Dolgin  
Samantha and Tony Dow  
Warren Dow\* and Lauren Bertolini  
Craig Dreisbach and Michele Authier  
Anna Driscoll and Luke Allen  
The Dussault Family  
John Marshall and Jan Eastman\*  
Morgan Gold and Allison M. Ebrahimi-Gold  
Pamela Eddy  
Mark and Rena Ellingwood  
Martha Elliott†  
The Family of Mrytle Elwell: Kathy, Eric, Jada, Andi  
Charles and Elizabeth Emerson  
Patricia\* and Dana Emery  
Frank A. Empsall, III\*  
Kurt Eschmann  
Brynn and Dave Evans  
Roger Farquharson  
Steve\* and Marty Feltus  
Charles and Nancy Fergus  
David and Joan Field  
Albert and Jennifer Fischer  
Merle and Pat Fitzgerald  
Nicholas and Pamela Flanders  
Dawn Flood-Dunn  
Jim Flynn and Claudia Mosher

Bernard and Gail Flynn  
Larissa M. and T. Michael Flynn  
Barbara and Frank Follett  
Patricia and Glenn Forest  
Sheila B. Fors  
Dr. Mielle Fox and Mr. John Howard  
George and Susan Foy  
Michael and Pamela Franchek  
Nancy Frank\* and Jay Abramson  
Thomas and Joan Franko  
Geoffrey Fried and Joanna Bodenweber  
Harold and Beverly Frost  
Sharon Fuehrer  
Kenneth Gaertner  
Richard and Carmen Gagne  
Dr.\* and Mrs. Richard N. Gagnon  
Caleb and Sam Gale  
Linda Garey  
Michele Garges\*  
Angela and Kevin Gaskin  
Steve Genereaux and Jamie O'Connor  
Leslie Gensburg  
Mark and Heidi Gerrish  
Diana Gibbs and Derek Moody  
JoAnn Gieselmann  
Jock Gill and Johanna Branson  
Janet Givens and Woody Starkweather  
Kimber Gladding  
Arlene and Robert Gondar  
Christine Gonzalez  
John and Nancy Goodrich  
Gail Gorman  
Margo Rosenbach and Robert Gottlieb  
Charles and Catherine Grant  
Cynthia Greene  
Gloria Greenwood  
Rosina and Larry Greenwood  
Jeremy and Lori Grenier  
Maryellen Griffin  
Julie Hendrickson and Thierry Guerlain  
Gary and Paula Guion  
The Gwatkin Family  
Lee P. Hackett

Haldeman Family  
Tracy and Brooke Hale  
Sophia Boyle Hall, RN\*  
John and Jo-Anna Hall  
Ken Hapke and Bob Delisle  
Judy B. Harbaugh  
Father Lance W. Harlow  
Deborah Harrigan\* and Matthew Lahar  
Harris Family  
Andrea Harris  
Jennifer K. Harris\*  
Eli Haskins  
Dr. Albert\*\* and Pamela Hebert  
Israel and Cathie Helfand  
Bob and Lu Hersey  
Dr. Barry\*\* and Mary Ann Hertz  
Mariel Hess  
Lucy Hickey  
Anthony and Kathleen Higgs  
Layne and Lorna Higgs  
Rebecca Hill-Larsen  
Lori Hinrichsen  
Carol Hodges  
Louis E. Hoegler  
Terry and Kathy Hoffer\*  
Mary and Howard Holley  
Kay Hopkins  
Robert Hoppe and Kristina Fitts-Hoppe  
Donna Hovey and Seth Toll  
Dan\* and Mary Hughes  
Linda Hunkins  
Deborah\* and James Hunt  
Tim and Jenness Ide\*  
Jim\* and Lorraine\* Impey  
Friends of Inn At Mountain View Farm  
Cassy Janes  
Robyn Jarvie  
Kris Jenkins  
David A. Jenning, Sr.  
The Jensen Family  
Jason and Kellee Johns  
The Johnson Lange Family  
Joshua Kantowitz and Cornelia Hasenfuss  
Dr. John R. Kascenska\*  
Joe Kasprzak\*  
Jeffrey Kay and Alice Kay-Roberge  
B.C. and P. Keenan

Sam\*\* and Julie Kempton  
Tiffany and Kevin Kendall  
Desiree Kepper  
Philip Kershaw  
Linda and Michael Kissane  
Jane Kitchel\*  
Cassidy Kittredge  
Ken and Diana Klingler  
David and Jillian Knight  
Amber C. Kohler  
Yvette Koslowsky  
Richard and Colleen Kozlowski  
Drs. Moriah and Jennifer Krasen  
Judith Lacourse  
Rita Laferriere  
Lee R. Laflam  
Gerry and Carol Laflamme  
Linda Lanteigne Magoon  
Sue LaPointe  
Sherry Laprade  
Steven\* and Wendi Larrabee  
Dianne Lavigne  
Charles and Salee Lawrence  
Kara Lawrence  
Kenneth Kraus and Guy Lawrence  
Nancy Lawrence  
Bob and Elsie Lawrence  
Barry† and Lynn Lawson  
Jennifer\* and Joseph Layn  
Janelle and Kyle Lazzaro  
Melissa Sue Leaf  
Laurie Leblanc  
Linda Lee  
Linda C. Lee  
David F. Lenton  
Linda and Richard Leone  
Michelle Lewis  
Rita Libby  
Ken and Cher Linsley  
Robert and Deborah Litt  
Kari Lizer  
Joyce Lockert  
Dennis and Laura Lordan  
Tom and Ann Lovett  
Michael and Deirdre Maginn  
Carew Magnus  
Friend of Main Street Gym\*  
Patrick and Betty Malaney  
Alicia Marcotte  
Connie Marrier

\*\*Trustee or Honorary Trustee \*Corporator or Corporator Emeritus †Deceased

donor  
powered!

## Grounded in Growth: Building Our Nursing Workforce

NVRH's Career Advance Program (CAP), generously supported by donors, continues to strengthen our clinical workforce. The first cohort of six students earned their Medical Assistant (MA) certification, and all remain active in clinical roles. A second group of three employees advanced to Licensed Practical Nurses (LPNs). Through this experience, we found that while MA certification offers a strong foundation, LPN and CRN pathways better align with our clinical needs.

We've since shifted our focus to supporting staff in pursuing LPN and Certified Registered Nurse (CRN) credentials — with LPN serving as a valuable first step.

In addition to tuition support, CAP funds now help sustain our New Nurse Residency Program on MedSurg. This initiative pairs new graduates with experienced nurses for six months of mentorship and orientation, improving retention, morale, and patient care. Together, these efforts ensure our nursing team is grounded in skill, support, and long-term success.

## CAP CAREER ADVANCEMENT PROGRAM

### By the numbers: Current CAP Students

We currently have six students actively participating in the CAP program, and we are excited about the continued growth of this initiative.

- **4 Students** are working on their RN
- **2 Students** are working on their LPN
- **2 additional employees** have pending CAP applications to start their LPN

Over the years, our CAP grads have gone on to support a variety of NVRH departments, including: ED, Med Surg, Pediatrics, Primary Care, Podiatry and more.

Bill and Donna Marshall\*  
Jennifer Martin  
Audrey Mattei  
Mary and Erik Maurer  
Cindy Mayhew  
Annie McCaffrey  
Kristine McCaffrey  
John and Anne McLaughry  
Stephen McConnell\*  
Edward and Jo-Ann McCormack  
William and Claudia McCormack  
Daisy Cox McCoy  
Lisa McCrae\* and Richard Leven  
Margaret McGandy  
Brian McGregor  
Tim and Betsy McKay  
Otis and Sylvia McKinstry  
Evelyn McNichols  
Gabriel and Kathryn Mello  
Darcie Miles Davis and Jonathan M. Davis  
Eric and Westerly\* Miller  
Peter\* and Barbara Miller  
Jamie Milne\* and Kathryn Webb-Milne  
Ralph Mold  
Carol Moore-Whitney & Peter Whitney†  
Julio and Annette Moran  
George Morehouse  
Sarah Morgan  
Katie Moritz\* and Brian Wallace  
Michael and Suzanne Morley  
Deborah Greenman and Humphrey Morris  
Timothy and Natalie\* Morris  
Harry and Claire Morrison  
Suzanne and George Mudge  
Carolyn Mugar  
John and Carolyn Mulligan  
Mr. and Mrs. William Murray  
William and Jennifer Nelson  
Laura Newell  
Elizabeth R. Newman, M.D.  
Mark and Robin Nicholson  
Carol Novick and Larry Stahler  
Cam and Peter O'Brien  
Dr. Anne M. O'Connor and Jane Woods  
Michael O'Dell

Cecelia A. O'Keeffe  
Mike and Jan Oliver  
Erica-Lynn Owen  
Stacia and Jacob Page  
Mary Parent\* and Ben Copans  
Hank Parker\*  
Candace Patridge and Family  
David and Cyndie Hetzelt  
Peggy Pearl  
Paul and Dorothea Penar  
Marcel Perreault  
Jennifer Peterson  
Barbara M. Phaneuf  
Neil Pilotte  
Sharon Pinard-Sisle  
Bill Piper\*  
Placey Family  
Abby Joy Pollender\*  
Drusilla B. Powden  
Terry and Ann Powers  
Debra and Kevin Powers  
Dr. and Mrs. Matthew Prohaska  
Chuck Prokocimer  
Bryon and Janet Quatrini  
Beth M. Quimby\*  
Donna and Robert Racine  
Deane and Sandra Rankin  
John Raser and Amanda Cochran  
Dr. Mary Ready and The Honorable Scott Campbell  
Richard and Patricia Reed  
Jo-Anne and David Reed  
Robert and Deborah Regis  
Annie Renaudette  
Lloyd Reyes  
David\* and Nancy Reynolds  
John P. Ricard, Jr.  
Thomas Robinson\*  
Richard M. Roderick  
John and Brenda Rodgers  
Julie and Arthur Roslund  
Larry Rossi and Michelle Parker  
David and Anita Roth  
Paul and Susan Rowe  
The Rubalcaba Family  
Keith and Linda Ruede  
Suzanne Ruggles  
David G. Russell  
Sally Schlueter and Richard Prescott

Dr. Brandon T. Schwartz and Dr. Maggie Yau  
Tari Scott\*  
Mary D. Scott  
The Ashe Family  
Bart and Judy Selle  
Cheryl and Thomas Semprebon  
Jerome and Diana Senturia  
Geoffrey and Gillian Sewake  
Drs. Ryan and Kara Sexton  
Fiona Shackleton  
Crosby and Helen Sherman  
Bettylou Sherry\*  
Karena and Samuel Shippee  
Wilfried and Gail Sieg  
Rachel Siegel\*  
Dr. Katherine Silloway\*\* and R. Gerald Webber  
Dr. Bennett Simon and Dr. Roberta Apfel  
Sara J. Simpson\*  
Theresa Sinclair  
Katherine Siner  
Angel Noyes  
Connie Sleath\*  
Roger and Sherry Sylvain  
Hilairy Smith  
Walter and Suzanne Smith  
Roberta Smith  
Brian and Stephanie Smith  
Robert Smith  
Aaron and Loren Solnit  
Gilman Somers  
Walter and Laura Sophrin  
Yvette St Hilaire  
Dr. Amanda M. St. Martin  
Laurel Stanley\*  
Ronald and Dale Steen\*\*  
Jamie and Joanne Stewart  
Maxwell and Lauren Stinehour  
Richard Stodola and Kathleen Bales  
Dr. Laura M. Stoiber  
Steven W. Stowell  
Cynthia Stuart\* and William Humphrey  
Tim\* and Julia Sturm  
Charlotte Stynes  
Chettha Sukkaew  
Jim Sullivan and Wendy Bean  
Mitchell and Delphine Sullivan

*Continued on next page*



Click below to learn  
more about CAP at NVRH.

LEARN MORE ➔

Daniel and Mary Swainbank  
 Meghan and  
 Johnny Swinehart  
 Susan Taney  
 Jeffrey and Nancy Temple  
 Shawn\* and Lorelee Tester  
 Leah Pearl, CRNA  
 Bridget A. Toll  
 Curtis Tompkins  
 Patsy Tower  
 Carolyn Towne  
 Lyonel and Sharlene Tracy  
 Victor and Lois Tremblay  
 Cathy Dellinger and  
 Mark Tucker\*  
 Dr. Thomas Turek\* and  
 Dorothy Jackson-Turek  
 Peter and Amanda  
 Van Straten  
 Thomas and Mindy Vigeant  
 Charmaine and Doug Vinton  
 Nancy T. Viola  
 Cynthia Waldner  
 Maximilian Walker  
 Leslie Walker and  
 Clinton Brown  
 Katherine Wall  
 Marti and Fritz Walther  
 John Washburn  
 Stephanie Watkins  
 Sandra Wayne  
 Diane and Duane Webster  
 David and Pat Webster  
 Tom Weiler  
 Cathie\* and Jake Wheeler  
 Michael\* and  
 Donna Wheeler  
 Judith Wheeler  
 Roena\* and  
 Nelson Whitehill  
 Samantha Whitney  
 Tammy and James Wilkins  
 Sarah Willis  
 Joan M. Wollrath  
 The Wood Family  
 Lynn Farrell Wurzburg  
 and Otto B. Wurzburg\*  
 Dan\* and Mary Wyand  
 Mr. and Mrs.  
 Michael Yesolonia  
 Thomas and Charlene Zabek  
 Jeffrey and Susan Zangla  
 Jackie Zaub  
 Thomas Ziobrowski\*\* and  
 Elizabeth Williams

## Community Businesses, Foundations, and Organizations

ABC & LOL Child Care  
 Center and Preschool  
 American Online Giving  
 Foundation, Inc.  
 Aubuchon Hardware  
 Barrett Insurance Agency  
 Bean's Mobile Homes, Inc.  
 Beth El Synagogue  
 BJB Properties, LLC  
 Blake Jenkins Painting, Inc.  
 Burke Mountain Resorts  
 Butterfly Weed Fund of  
 the Vermont Community  
 Foundation  
 Cabot Creamery  
 Co-operative, Inc.  
 Calkins Portable Toilets  
 Canterbury Inn  
 Cary & Main Co.  
 CFW Electric, LLC  
 Community  
 National Bank  
 Dan Wyand, P.T.  
 and Associates  
 Daniel McCabe, Esq.  
 David Cloutier Contractor  
 Dussault Charitable Fund  
 of the Vermont Community  
 Foundation  
 Fidelity Charitable Gift Fund  
 Fred's Plumbing and  
 Heating, Inc.  
 Hawk Rock Foundation  
 Kingdom Trails Association  
 Knights of Columbus  
 "Sheridan Council 421"  
 LaVallee Brensinger Architects  
 Louise G. Bristol Fund  
 of the Vermont Community  
 Foundation  
 Lyndonville Rotary  
 (District 7850)  
 Marty's First Stop  
 Melissa Andrews Trust  
 Milne Financial Planning  
 New England Air Systems  
 NFP P.C. Services Inc  
 Northeast Kingdom  
 Council on Aging  
 Northern Counties  
 Health Care  
 NVRH Auxiliary  
 Passumpsic Bank  
 Passumpsic Bank  
 Charitable Fund, Inc.  
 Passumpsic Lodge No. 27  
 Paypal Giving Fund  
 Price Chopper's Golub  
 Foundation  
 Primmer Piper  
 Eggleston & Cramer PC  
 Renaissance Charitable  
 Foundation  
 rk MILES  
 Roasted, LLC  
 Robert McVicar Trust  
 Ruggles Engineering  
 Rural Community  
 Transportation  
 Sanderson  
 Enterprises, Inc.  
 Simple Life Wellness  
 & Massage  
 St. Johnsbury Distillery  
 St. Johnsbury Town Band  
 Sugar Ridge RV  
 Village Campground  
 Tegria  
 The Bobolink Fund of  
 the Vermont Community  
 Foundation  
 The Leukemia &  
 Lymphoma Society  
 The Michael and  
 Jeanine Greenleaf Fund  
 The Walker/Van Son  
 Families Charitable Fund  
 The White Market  
 Union Bank  
 Universalist Unitarian  
 Congregation of  
 St. Johnsbury  
 Vermont Program for Quality  
 Care in Health Care, Inc.  
 WEIDMANN  
 WICOR Americas, Inc.

## NVRH Tribute Gifts

*In Honor of*  
**Grand & Great Grand Children**  
 Joan Wollrath  
*In Honor of*  
**Keith Fortier**  
 Aaron and Loren Solnit  
*In Honor of*  
**Frederic and Kathy Hoffer**  
 Joan Butler  
*In Honor of*  
**Betty Ann Laflam**  
 Beth Ann Laflam

*In Honor of*  
**Jerry Leach**  
 Anonymous

*In Honor of*  
**NVRH Staff**  
 Anonymous  
 Kay Hopkins  
 John and Carolyn Mulligan  
 Sandra Wayne

*In Honor of*  
**Roland Phaneuf**  
 Barbara M. Phaneuf  
*In Honor of*  
**Drs. Ryan and Kara Sexton**  
 Anonymous

*In Honor of*  
**Dr. Brian P. Smith**  
 Thomas Buck

*In Honor of*  
**Dr. Mitchell Sullivan**  
 Rosina and  
 Larry Greenwood

*In Honor of*  
**Shawn Tester**  
 Father Lance W. Harlow

*In Memory of*  
**Kenneth R. Achilles**  
 The Achilles Family

*In Memory of*  
**Anne Alexander**  
 John Alexander

*In Memory of*  
**Bernard Allard**  
 Main Street Gym

*In Memory of*  
**Melissa Garges Armstrong**  
 Michele Garges

*In Memory of*  
**Corinee Ashe**  
 The Ashe Family

*In Memory of*  
**Nancy I. Bean**  
 Richard and Patricia Reed

*In Memory of*  
**Wayland George Brill**  
 Kristine McCaffrey

*In Memory of*  
**Denise A. Caron**  
 The Dussault Family  
 Suzanne and  
 George Mudge

*In Memory of*  
**Lynn P. Carpenter**  
 Donald Carpenter

*In Memory of*  
**Christopher E. Connors**  
 Jack Cannon

*In Memory of*  
**Dan and Ethelyn C. Daley**  
 Dan and Kathy Daley

*In Memory of*  
**Irene Davies**  
 Shirley Anderson

*In Memory of*  
**Althea DeGreenia**  
 Anonymous  
*In Memory of*  
**Christine A. Douglas**  
 Richard and Patricia Reed  
 John Washburn

*In Memory of*  
**John H. Elliott**  
 Martha Elliott\*

*In Memory of*  
**Mrytle Elwell**  
 The Family of  
 Mrytle Elwell: Kathy, Eric,  
 Andi, Jada

*In Memory of*  
**Ted Farrow**  
 Merle and Pat Fitzgerald

*In Memory of*  
**Sarah E. Follett**  
 Nancy Lawrence

*In Memory of*  
**Gretchen D. Hammer**  
 Anonymous  
 Adobe, Inc  
 Allen Dean

JoAnn Gieselman  
 Judy B. Harbaugh  
 Laurie Leblanc  
 Carolyn Mugar  
 Curtis Tompkins  
 Tom Weiler

*In Memory of*  
**Russell Harbaugh**  
 Judy B. Harbaugh

*In Memory of*  
**Ben and Rosalie Harris**  
 Andrea Harris

*In Memory of*  
**Guy Hodges**  
 Rita Laferriere

*In Memory of*  
**Barbara and John Hubbard**  
 Dane and Kathy Daley

*In Memory of*  
**Bernie and Ruth Hudson**  
 Anonymous

*In Memory of*  
**Margaret and Perry Kipp**  
 Anonymous

*In Memory of*  
**Lawrence L. Kirchoff**  
 Joan Kirchoff  
 Jennifer and Joseph Layn

*In Memory of*  
**Josiah Klingler**  
 Ken and Diana Klingler

*In Memory of*  
**Donald B. Laferriere**  
 Rita Laferriere

*In Memory of*  
**Benjamin A. McCormack**  
 Peggy Austin  
 Jennifer Croft and Family  
 Charles and Elizabeth  
 Emerson

Patricia and Dana Emery  
 Harold and Beverly Frost  
 Michael and Deirdre Maginn  
 Edward and Jo-Ann  
 McCormack  
 William and Claudia  
 McCormack  
 David and Pat Webster

*In Memory of*  
**Jane Morehouse**  
 George Morehouse

*In Memory of*  
**Franziska and Sylvia Morris**  
 Bennett Simon  
 Dr. Bennett Simon and  
 Dr. Roberta Apfel

*In Memory of*  
**Tony Noyes**  
 Peggy Austin

*In Memory of*  
**Tom Parent**  
 Mary Parent and  
 Ben Copans

*In Memory of*  
**Carter J. Parker**  
 Anonymous

*In Memory of*  
**Michelle L. Parker**  
 Anonymous

*In Memory of*  
**The Parker Family**  
 Anonymous

*In Memory of*  
**Samuel Patoine**  
 Anonymous

*In Memory of*  
**Beth Perreault**  
 Marcel Perreault  
 Carey Brodzinski

*In Memory of*  
**Kathryn A. Piper**  
 Jennifer Layn  
 Bill Piper

*In Memory of*  
**Gregory R. Reynolds**  
 Leland Alper

*In Memory of*  
**Allison Roslund**  
 Julie and Arthur Roslund

*In Memory of*  
**Gail E. Ruggles**  
 Anonymous

*In Memory of*  
**Valma M. Sherrer**  
 Jo-Anne and David Reed

*In Memory of*  
**James T. Stynes**  
 Charlotte Stynes

*In Memory of*  
**Paul Sullivan**  
 Mitchell and  
 Delphine Sullivan

*In Memory of*  
**Michael Taney**  
 Susan Taney

*In Memory of*  
**David Toll**  
 Anonymous

*In Memory of*  
**David H. Tucker**  
 Cathy Dellinger and  
 Mark Tucker

*In Memory of*  
**Anthony J. Viola**  
 Nancy T. Viola

*In Memory of*  
**Elizabeth Watkins**  
 Anonymous

*In Memory of*  
**Arthur White**  
 Christine E. Allsop

*In Memory of*  
**Moriah Wilson**  
 Fiona Shackleton

*In Memory of*  
**George Wollrath**  
 Joan M. Wollrath

Every effort has been made to ensure this recognition list is accurate and complete.

Please accept our apology for any inadvertent errors or omissions. Please report any errors to the NVRH Philanthropy Department at 802-748-7313.

# Auxiliary

## Our team of hospital volunteers make up the NVRH Auxiliary.

They bring a diverse range of backgrounds and experience to their work at the hospital. From managing the Cherry Wheel Gift Shop and staffing the front desk to organizing medical supplies and escorting patients to appointments, our volunteers go above and beyond to make NVRH a welcoming place and to treat patients and their families with care and compassion.

SINCE NVRH  
OPENED IN 1972,  
VOLUNTEERS  
HAVE GIVEN OVER  
**576,489**  
HOURS IN TIME

Under the guidance of Pat Forest, NVRH Director of Entrance Operations and Volunteer Services, over 119 community members volunteer their services

at NVRH on a regular basis. They bring a wide range of skills to their work at the hospital, including playing the piano and dulcimer, giving Reiki massage, crafting, sitting with patients at end of life, and much more. This year the Auxiliary organized a new team of Wayfarer volunteers to help patients get to their appointments during our West Wing construction.

This year the Auxiliary awarded \$9,500 in scholarships to area high school and college students who are pursuing a career in healthcare.

### Volunteer Numbers at a Glance

**13,996**  
ESTIMATED HOURS  
DONATED

**\$486,920**  
ESTIMATED VALUE OF  
DONATED HOURS

**4,009**  
LAB SAMPLES  
DELIVERED

**1,483**  
PATIENTS  
ESCORTED

**119** NUMBER OF ACTIVE  
VOLUNTEERS IN FY 2025  
**53** YEARS SERVED BY OUR  
LONGEST SERVING VOLUNTEER  
**705** NUMBER OF VOLUNTEER WHEEL  
CHAIR ASSISTS SINCE WEST  
WING CONSTRUCTION BEGAN



*"I have been inspired by the dedication of NVRH volunteers. Whether they're retired people or high school students, NVRH is richer because we have the community in our community hospital."*

PAT FOREST, NVRH DIRECTOR  
OF ENTRANCE OPERATIONS  
AND VOLUNTEER SERVICES

*"My family has spent a good deal of time in hospitals in the past ten years and without exception every person with whom we had contact was kind, helpful, skilled, and incredibly hard-working. It's a small way to give back for so much excellent care."*

CATHY BROWNE,  
VOLUNTEER SINCE 2025



*"Volunteering at NVRH makes me feel good. It gives me purpose."*  
RICK JOHNSTON, VOLUNTEER SINCE 2020

## Are you or someone you know interested in volunteering at NVRH?

To learn more, please call  
Pat Forest at 802-748-7310  
or click on this link.

**VOLUNTEER**



NVRH’s Strategic Plan clearly demonstrates our commitment to S.E.R.V.I.C.E. and putting these values in action – with support from every department and team.

Delivering compassionate and understanding care to our patients is at the core of what we do. Here at NVRH we put patient care first.

EMPATHY

At NVRH we’re committed to forward-thinking innovation, collaborative learning, and growth. As we expand to meet the community needs of the future, we won’t loose sight of what truly matters – high-quality patient care.

VISION

We have deep roots in our community – we live here, work here, and raise our families here. We’re committed to building and sustaining our relation ships with other regional organizations, and being an active, engaged, caring partner in building a stronger, healthier community.

COMMUNITY



SAFETY

Ensuring the safety of our patients, staff, and visitors is a top priority, from training our staff in fire safety and evacuation procedures and putting measures in place to prevent workplace violence, to establishing our Hospital Emergency Response Team (HERT) trained to respond quickly to large-scale emergencies.

RESPECT

Emphasizing dignity, equity, and privacy our team treats each patient with the care and respect they deserve.

INTEGRITY

For us, integrity means that we stick by our core mission and values, even during challenging times. We stay focused on our strengths, maintain the highest standards of ethical behavior, communicate openly and honestly, and honor our commitment to excellent patient care.

EXCELLENCE

Striving for the highest quality care in our programs and services. Dedicated to ongoing training and the latest in state-of-the art equipment.

# Financial Statements

## Balance Sheets

SEPTEMBER 30, 2025 & 2024

ASSETS	2025*	2024
<b>CURRENT ASSETS</b>		
Cash and cash equivalents	\$ 2,444,718	\$ 4,375,255
Patient accounts receivable, net	13,832,904	10,831,778
Supplies inventory	1,494,592	1,436,487
Prepaid expenses	914,939	1,020,545
Other accounts receivable	5,728,346	6,487,291
<b>Total current assets</b>	<b>24,415,499</b>	<b>24,151,356</b>
<b>ASSETS LIMITED AS TO USE</b>		
Internally designated for		
Capital acquisitions	26,844,851	23,699,863
Funded depreciation	3,959,474	6,009,875
Donor restricted — other	380,769	380,769
<b>Total assets limited as to use</b>	<b>31,185,094</b>	<b>30,090,507</b>
Property and equipment, net	35,333,429	28,690,666
Beneficial interest in net assets of Parent	5,364,099	4,616,223
Other long-term assets	4,156,287	3,749,362
<b>Total Assets</b>	<b>\$ 100,454,408</b>	<b>\$ 91,298,114</b>

\*Unaudited

The accounting records for Northeastern Vermont Regional Corp. and Subsidiary have been audited by Berry Dunn, Certified Public Accountants.

The complete audited report is on file and is available for inspection at NVRH's Finance Office.

LIABILITIES AND NET ASSETS	2025*	2024
<b>CURRENT LIABILITIES</b>		
Accounts payable and accrued expenses	\$ 14,278,967	\$ 10,447,338
Estimated third-party payor settlements	555,017	3,389,121
Other current liabilities	6,996,010	4,975,930
Current portion long-term debt	1,352,370	1,579,854
<b>Total current liabilities</b>	<b>23,182,364</b>	<b>20,392,243</b>
<b>OTHER LONG-TERM DEBT</b>		
Long-term debt	6,012,617	5,908,998
Other long-term liabilities	4,352,079	3,874,829
<b>Total liabilities</b>	<b>33,547,060</b>	<b>30,176,070</b>
<b>NET ASSETS</b>		
Unrestricted	57,153,203	55,596,907
Temporarily restricted	9,307,082	5,078,074
Permanently restricted	447,062	447,062
<b>Total net assets</b>	<b>66,907,348</b>	<b>61,122,044</b>
<b>Total Liabilities and Net Assets</b>	<b>\$ 100,454,408</b>	<b>\$ 91,298,114</b>

## Operating Statement

FOR THE YEARS ENDED SEPTEMBER 30, 2025 & 2024

	2025*	2024
WHERE THE MONEY COMES FROM		
We billed for services to inpatients	43,498,469	46,933,981
We billed for services to outpatients	238,375,387	220,917,382
Total patient revenue billed	281,873,856	267,851,363
BECAUSE WE DID NOT RECEIVE FULL PAYMENT FOR AMOUNT BILLED		
Total uncompensated care	9,107,296	5,817,041
Those unable to pay (patient assistance) plus		
Those unwilling to pay (bad debts)		
From other contracted payors	147,062,404	140,531,921
Therefore we wrote off	156,169,700	146,348,962
OUR NET PATIENT REVENUE WAS	125,704,156	121,502,401
We had other operating revenue of	9,029,514	7,924,846
OUR TOTAL OPERATING REVENUE WAS	134,733,670	129,427,247
WHERE THE MONEY GOES		
To pay salaries and benefits to our 693 employees	81,712,865	78,789,279
To purchase supplies and services	42,070,016	37,550,752
To pay the VT Health Care Provider Tax Assessment	7,349,461	6,652,495
To allow for wear and tear on buildings and equipment	3,943,332	4,722,577
To pay for utilities	1,480,054	1,345,405
To pay interest on our outstanding debt	228,959	238,346
OUR TOTAL EXPENSE WAS	136,784,687	129,298,854
THIS PROVIDES A NET OPERATING REVENUE OF	(2,051,017)	102,393
We had income (losses) from investments and non-operating revenue of	3,607,315	5,974,744
FUNDS REMAINING TO PAY ON OUTSTANDING DEBT AND TO INVEST IN THE HOSPITAL'S FUTURE (New and replacement equipment, new technology, new services, etc.)	\$ 1,556,298	\$ 6,076,137

\*Unaudited

## Community Benefits

PROVIDING MEANS FOR OUR MISSION

The NVRH Community Benefit program builds on the foundational belief that we have a responsibility to improve health in the communities we serve. Each year, NVRH allocates financial resources for community programs, prevention strategies, and providing medical care to all regardless of ability to pay.

NVRH quantifies our benefit to the community on Schedule H of IRS form 990. Here is a summary from our Fiscal Year 2024 Community Benefits Report.

### FISCAL YEAR 2024 COMMUNITY BENEFITS REPORT

Uncompensated Care	\$ 14,215,792
Charity Care	882,596
Medical and Professional Education	67,655
Cash and In-Kind Contribution to Community Groups	87,424
Subsidized Health Services	4,620,842
Community Health Improvement Services	1,370,648
<b>TOTAL</b>	<b>\$ 21,244,957</b>

*The Community Benefits provided by NVRH during fiscal year 2025 are calculated and submitted to the IRS in late summer 2026 and will be posted to the FY 2026 annual report.*

# Medical Staff and Allied Health Professionals

## DEBORAH HARRIGAN, MD

President

## ANESTHESIA

Rebecca Barski, CRNA  
Albert Fischer, CRNA  
Michael Hawkins, CRNA  
Jason Johns, CRNA  
David Kapplan, CRNA  
Leah Theeman, CRNA

## BEHAVIORAL HEALTH

Katherine Harris, LICSW  
Jaime Lipka, LICSW  
Susan Rhodes, LICSW  
Lorraine Strang, LICSW

## CARDIOLOGY

Mark Bilodeau, PA  
Mary Dowd, MD  
Evan Grove, MD  
Mark Kiessling, PA  
Ashley Luneau, PA

## EMERGENCY MEDICINE

Jennifer Boccia, MD  
Lynn Borchers, PA-C  
Josh Browning, PA-C  
Wendy Demartino, MD  
Stephen Disabatino, MD  
Cate Fernando, DO  
Allison Ebrahimi Gold, APRN  
Robert Grant, MD  
Nicole Houston, AGACNP-BC  
Shawna B. Johnston, FNP  
Joseph Lahey, MD  
Michael J. Lahey, MD  
John Nesbitt, MD  
Jorge Otero, MD  
Betsy Piburn, PA-C  
Brandon Schwartz, MD  
Ryan Sexton, MD  
Joshua Spicer, DO  
Amanda St. Martin, MD  
Jonathan Vacik, MD  
Joshua White, MD

## GENERAL SURGERY

Trisha Bullard, PA  
Amira Ghazali, MD  
Ben Schroer, MD  
Brian Smith, MD  
Tamsin Durand, MD  
Philip Hamby, MD  
Byron Burnes Holloway, DO  
Stephen Phipps, MD  
Autumn Sacklow, MD  
Mary Woodhouse, MD

## HOSPITALIST

David Bourgeois, MD  
Robert Brown, MD  
Cy Cedar, MD  
Marie Dumas, AGACNP  
Nicole Houston, APRN  
Justin Katz, MD  
John Raser, MD  
Donna Toohey, APRN

## INFECTIOUS DISEASE

Susan Taney, NP  
Timothy Whitman, DO

## MIDWIFERY

Meghan Arthur, CNM  
Jade Kaplan, CNM  
Kathleen Mulkern, CNM  
Emily Olson, CNM

## NEUROLOGY

Anna Driscoll, AGNP-PC  
Amanda Van Straten, MD

## NORTHERN EXPRESS CARE

Erica Dekle, MSN  
Gerald Hussar, PA  
Camille Lamell, PA  
Kathryn MacDonald, PA-C  
Deena Masten, FNP-C

## OBSTETRICS-GYNECOLOGY

Lisa M. Baclawski, MD  
Kim Johnson, DO  
Stephen Genereaux, MD  
Mary Macdonald Griffin, MD  
Simone R. Lessac-Chenen, MD  
Courtenay Lahey, WHNP-C  
Anne M. O'Connor, MD  
Jennifer Wetherald, DO

## OCCUPATIONAL MEDICINE

Jane Goodman-Page, ANP

## ORTHOPAEDICS

Christopher Bateman, PA  
Olivia Bellavance, PA  
Jeremy M. Korsh, MD  
Laura A. Nixon, PA-C  
Matthew Prohaska, MD  
Mark Regis, PA-C

## OTOLARYNGOLOGY

Danny Ballentine, PA-C  
Britney Bigelow, FNP-C  
Patrick M. Fitzpatrick, DO  
Deane E. Rankin, MD

## PAIN MEDICINE

David Dent, DO  
Bert Fichman, MD

## PALLIATIVE MEDICINE

Anne Cowles, FNP-BC  
Joyce Dobbartin, MD  
Kelly Lemieux, FNP  
Elizabeth Newman, MD  
Mary Ready, MD

## PATHOLOGY

Jason Brazelton, MD  
Heather Crowley, MD  
Cathy Palmer, MD

## PHYSICAL & OCCUPATIONAL THERAPY

Jacqueline E. Abella, DPT  
Neil Abella, PTA  
Tiffany Benoit, OTR/L  
Matthew Breton, PT  
Kaela Drown, PTA  
Ryan Farley, ATC  
Renee Ignjatovic, PTA  
Hannah Johnson, PTA  
Sharon Lamb, PT  
Krista Laramée, DPT  
Jennifer Legacy-Gray, PT  
Joyce Lockert, DPT  
Megan Lynch, PTA  
Michael Matteis, DPT  
Lindsay O'Steen, DPT  
Karey Pierce, PT  
Evita Sandoval, ATC  
Kate Simone, MPT  
Sara Stinson, DPT  
Pam Stewart, PT  
Nicole Strong, PT  
Tyler Welles, PT, DPT  
Kelly Wilkins, PT, MPT  
Mykala Wiswell, DPT  
Dan Wyand, PT

## PODIATRY

Sarah Zaidi, DPM

## PRIMARY CARE

Adelaide Adjovu, FNP-BC  
Brent Braswell, APRN  
Thomas Broderick, MD  
Logan Dege-Pearl, DNP  
Joyce Dobbartin, MD  
Deborah Harrigan, MD  
Tina Heck, FNP-C  
Xavier Giddings, APRN  
Jessica Macleod, APRN  
Thomas Myrter, DO  
Hannah Prevost, APRN  
Mitchell Sullivan, MD

## PEDIATRICS

Melanie Clark, APRN  
Lindsey Gauderer, FNP  
Sarah Grycza, MD  
Joshua Kantrowitz, MD  
Jessica Jacobs, MD  
Marin B. Katz, DNP  
Alexa Charles Kemeny, MD  
Karyn Marie Patno, MD  
Alexandra Peters, DNP  
John Vann, MD  
Janet Wilson, FNP-C  
Maggie Yau, MD

## PULMONOLOGY

S. Allison McCabe, PA-C  
Mark Pluym, MD

## RADIOLOGY

Howard Novick, MD  
Candice Oritz, MD  
Robert Smith, MD

## SPEECH-LANGUAGE PATHOLOGY

Linda Kissane, Au.D  
Rita-Mary Sweeney, SLP

## UROLOGY

Eugene Dixon, MD  
Ashley Gerrish, DNP

## NVRH TRUSTEES

Mark S. Bowen  
Susan L. Carr  
Peter F. Crosby  
Dan Daley  
Warren C. Dow  
Stephen Feltus, OD  
Robert Grant, MD  
Deborah Harrigan, MD  
Jenny Harris  
Dr. John R. Kascenska  
Joe Kasprzak  
Stephen McConnell  
Natalie Morris  
Hank Parker  
Thaddeus R. Richardson  
Kinsley Sicard  
Sara J. Simpson  
Cynthia S. Stuart  
Roena Whitehill

## HONORARY TRUSTEES

Jane Arthur  
Catherine M. Boykin  
David L. Brown  
Charlie Browne  
Charlie Bucknam  
Sue Gallagher  
Gretchen D. Hammer†  
Dr. Barry P. Hertz  
J. Timothy Ide  
Sam Kempton  
Richard F. Lyon  
Jim Newell  
Katherine A. Silloway, DDS  
Brenda B. Smith  
Ron Steen

†Deceased

# NVRH Corporators

Corporators are an invaluable source of wisdom and perspective for current hospital leadership. They are key links in the essential communication system between members of our community and their hospital.

Dr. Chithu Abraham  
Adelaide K. Adjovu, APRN  
Heather Alger  
Joseph Allard  
Steve Amos  
Richard Angell  
Jane Arthur  
Nolan Atkins  
Debra Bach  
Eric Bach  
Lisa M. Baclawski, MD  
Betsy Bailey  
Sharon A. Baker, RN  
Danny P. Ballentine, PA  
Paul Barone  
Michael Barrett  
Rebecca S. Barski, CRNA  
Andrew Barter  
Christopher J. Bateman, PA  
Lynn Beaudoin  
Kim Behr  
Olivia T. Bellavance, PA  
Paul R. Bengtson  
Joe Benning  
Sarah E. Berrian, MD  
Eric Berry  
Kate J. Bertolini  
Britney Bigelow, FNP-C  
Nicole Biggie  
Mark Bilodeau, PA  
Elaine S. Bixby  
Jennifer Boccia, MD  
Sarah Bona  
Lynn A. Borchers, PA-C  
David Bourgeois, MD  
Mark S. Bowen  
Cynthia Boyd  
Catherine M. Boykin  
Brent R. Braswell, APRN  
Jason D. Brazelton, MD  
Thomas F. Broderick, DO  
Alex Brown  
David L. Brown  
Robert W. Brown, MD  
Joshua R. Browning, PA-C  
Trisha M. Bullard, PA  
Meg Burmeister  
Danielle Burstein, MD  
Anne Campbell

Cari Carlet  
Evan H. Carlson  
Lindsay Carpenter  
Susan L. Carr  
Cy Anne A. Cedar, MD  
Florence Chamberlin  
Keith Chamberlin  
Mandy Chapman  
Susan Cherry  
Melanie Clarke, APRN  
Mark S. Clough  
William Cobb, Esq.  
Amanda Cochrane  
Cathy Conte  
Harry Cornelius  
Stuart V. Corso, DMD  
Anne M. Cowles, APRN  
Kimberly Crady-Smith  
Justin M. Crocker  
Paige A. Crosby  
Peter F. Crosby  
Heather Crowley, MD  
Dan Daley  
Judy Daloz  
Patricia Daly, MD  
Amy L. Davis,  
APRN, MSN, FNP-C  
Logan S. Dege-Pearl, APRN  
Ericka N. Dekle, RN, MSN  
Nicholas J. Delaney, APRN  
Sara Demetry, LICSW  
David V. Dent, DO  
Judythe Desrochers  
Jesse L. Dimick  
Stephen V. Disabatino, MD  
Eugene J. Dixon, MD  
Joyce M. Dobbartin, MD, DC  
Warren C. Dow  
Mary K. Dowd, MD  
Anna S. Driscoll, NP, APRN  
Brittany E. Duchene, MD  
Marie P. Dumas, APRN  
Tamsin M. Durand, MD  
Jan Eastman  
Allison M. Ebrahimi-Gold, APRN  
Elijah Emerson, Esq.  
Patty Emery  
Frank A. Empsall, III  
Bobby Farlice-Rubio

Stephen Feltus, OD  
Bert L. Fichman, MD  
Albert Fischer, APRN, CRNA  
Jon M. Fitch  
Patrick M. Fitzpatrick, DO  
Joseph Fox  
Nancy Frank  
Jody Fried  
Nancy J. Fried  
Richard N. Gagnon, MD  
Michele Garges  
Paula M. Gaskin  
Lindsey A. Gauderer, NP  
Stephen H. Genereaux MD  
Ashley K. Gerrish,  
DNP, CUNP, AGNP  
Amira H. Ghazali, MD  
Xavier Giddings, APRN  
Iris Gilbert  
Kim Gilding  
Jane S. Goodman-Page, APRN  
Brad Grant  
Robert J. Grant, MD  
Dana Gray  
Weili D. Gray, MD  
Sarah J. Grycza, MD  
Karyn Hale  
Sophia Boyle Hall, RN  
Deborah A. Harrigan, MD  
Jack Harris  
Jenny Harris  
Barbara Hatch  
Zachariah Hatch  
Michael R. Hawkins, CRNA  
Dr. Caitlin E. Haxel  
Tina K. Heck, FNP-C, APRN  
Dr. Barry P. Hertz  
Kathleen M. Higgs  
Terry Hoffer  
Katherine Hoffer  
Ted V. Houle, MD  
Nicole T. Houston, NP  
Daniel T. Hughes  
Jacqueline A. Hughes  
Deb Hunt  
Gerald S. Hussar, PA  
J. Timothy Ide  
Jenness Ide  
Lorraine Impey  
Jessica P. Jacobs, MD

Joan Jacquet  
Bruce James  
Jason Johns, APRN, CRNA  
Kim Johnson, DO  
Linda Johnson  
Shawna B. Johnston, APRN  
Joshua D. Kantrowitz, MD  
Janet L. Kaplan, CNM  
David A. Kappan, CRNA  
Dr. John R. Kascenska  
Joe Kasprzak  
Justin E. Katz, MD  
Marin B. Katz, PNP  
David Keenan  
Maurice E. Keenan, MD  
Alexa (Alex) C. Kemeny, MD  
Sam Kempton  
Zahra Khorrami, DDS  
Mark H. Kiessling, PA  
Daniel J. Kimbell  
James Kisch  
Jane Kitchel  
Paula S. Kitchel  
Jeremy M. Korsh, MD  
Dr. Courtney Kozlowski  
Courtenay A. Lahey WHNP  
Joseph J. Lahey, MD  
Michael J. Lahey, MD  
Camille L. Lamell, PA  
Danny A. Lane  
Steve Larrabee  
Jeanne M. Laughton  
Jennifer J. Layn  
Gregory J. Ledoux, Ph.D.  
Kelly A. Lemieux, FNP  
Rachel Lepine  
Simone R. Lessac-Chenen, MD  
Timothy J. Lin, MD  
Robert M. Little  
Abigail Long  
Ashley K. Luneau, APRN  
Richard F. Lyon  
Kathryn A. MacDonald, PA  
Mary MacDonald Griffin, MD  
Jessica L. MacLeod, AGNP  
Mary J. Marceau  
Donna Marshall  
William C. Marshall  
Deena M. Masten, FNP  
Lorraine C. Matteis  
Michael Matteis  
Diane E. Matthews, APRN  
Sarah A. McCabe,  
PA-C, RRT-NPS

Darcie L. McCann  
Stephen McConnell  
Jennifer McCormack  
Lisa McCrae  
James McFaul  
Jillian McLaughlin  
Peter Miller  
Westerly Miller  
Jamie Milne  
David B. Min, MD  
Gary W. Moore  
Jeff Moore  
Katie Moritz  
Natalie Morris  
Kathleen M. Mulkern, CNM  
Jamie Murphy  
Thomas A. Myrter, DO  
John (Nez) Nesbitt, MD  
Jim Newell  
Sally Newell  
Elizabeth R. Newman, MD  
Steven C. Nichols  
Laura A. Nixon Berry, PA  
Aureon J. Nommik  
Howard I. Novick, MD  
Josh Oakley  
Elizabeth B. O'Brien  
Anne M. O'Connor, MD  
Jenna O'Farrell  
Candice E. Ortiz, MD  
Jorge E. Otero, MD  
Dee Palmer  
Mary Parent  
Hank Parker  
Pam Parker  
Karyn M. Patno, MD  
Alexandra Peters, DNP  
Alexandra N. Peters,  
DNP, APRN  
Sonia Peters  
Cynthia Phillips  
Betsy S. Piburn, PA  
Jeff Pierpont  
William B. Piper, Esq.  
Mark C. Pluym, MD  
Abby Pollender  
Simona Ponoran  
Hannah M. Prevost, APRN  
Joshua J. Price, MD  
Matthew G. Prohaska, MD  
Erin Quatrini-Hill  
Beth Quimby  
Nathan Railla  
Deane E. Rankin, MD

Dr. Jerry Rankin  
John M. Raser, MD  
Janis S. Raye  
Mary O. Ready, MD  
Laura L. Redden, APRN  
Mark J. Regis, PA-C  
David A. V. Reynolds  
Jonathan Rice  
Thaddeus R. Richardson  
Tom Robinson  
Tara Robinson-Holt  
Anita Roth  
Michael R. Rousse, MD  
Kenneth W. Rudd, MD  
Autumn Sacklow, MD  
Shae Sauncy, MD  
Karen Sayles  
Peter B. Schroer, MD  
Brandon T. Schwartz, MD  
Tari Scott  
Gillian Sewake  
Ryan Sexton, MD  
Patrick Shattuck  
Bettylou Sherry  
Kinsley Sicard  
Josh Oakley  
Sara Simpson  
Connie Sleath  
Pamela M. Smart  
Heather Smires  
Brenda B. Smith  
Brian P. Smith, MD  
Robert M. Smith, MD  
Jean-Paul O. Sorondo, MD  
Joshua R. Spicer, DO  
Rev. Jay Sprout  
Amanda M. St. Martin, MD  
Laurel Stanley  
Kelsey Stavseth  
Dale Steen  
Ron Steen  
Bud Stevens  
Christopher A. Stranathan, MD  
Cynthia S. Stuart  
Timothy M. Sturm  
Mitchell J. Sullivan, MD  
Phyllis K. Sweeney

Susan G. Taney, NP  
Heather Tanner  
Timothy H. Tanner, MD  
Matt Taylor  
Shawn P. Tester  
Leah M. Theeman, CRNA  
Stacy L. Thrall  
Niki Thran, MD  
Catherine Toll  
Donna L. Toohey, APRN  
Mark E. Tucker  
Tom T. Turek, DC  
Amanda F. Van Straten, MD  
Barry L. Waldner  
Paula M. Ward  
Sabine Watson, APRN, FNP  
Mike Welch  
Peter B. Schroer, MD  
Cathie Wheeler  
Jodi Wheeler  
Michael Wheeler  
Roena D. Whitehill  
Timothy J. Whitman, DO  
Janet D. Wilson, FNP  
Mary A. Woodhouse, MD  
Michael J. Wright, NRP  
Lynn F. Wurzburg  
Dan Wyand, PT  
Maggie Yau, MD  
Deborah Yonker  
Sara A. Zaidi, DPM  
James Zorn  
Tracy Zschau

## CORPORATOR EMERITUS

Keith Fortier, MD  
Katherine Gates  
Rosalie Harris†  
Kenneth F. Hammer  
Robert J. Jauch, MD  
Katherine A. Silloway, DDS  
Doris Stetson†  
Tim Thompson, MD  
Thomas F. Ziobrowski, MD  
†Deceased

LEARN MORE 

Click on this link to discover more about becoming an NVRH Corporator.

# NVRH Services

## Ambulatory Services

- Day Surgery
- Pain Management
- Preoperative Evaluation

## Audiology

## Cardiology

- EKG & Cardiac Event Monitoring
- Holter Monitoring
- Cardiac Stress Testing (Regular, Nuclear, and Echo Stress Tests)
- Inpatient Consults

## Cardiopulmonary Rehabilitation

## Care Management

## Chaplaincy Services

## Community Connections

## Diagnostic Imaging Services

- CT Scan
- DEXA
- Echocardiogram
- Mammography
- MRI
- Nuclear Medicine

## Ear, Nose, & Throat (Otolaryngology) and Allergy

- General Ultrasound
- X-Ray

## Emergency Department

- MD Staffed 24/7

## HIV/Hep C

## Inpatient Services

- Medical, Surgical, and Pediatric

## Intensive Care Unit

## Labor & Delivery

- Childbirth Education
- Labor & Delivery
- Newborn Care

## Laboratory Services

- Blood Bank
- Cytology
- Pathology

## Neurology

- Occipital nerve blocks
- EMGs
- Memory Testing

## Northern Express Care

- Walk-in Primary Care Services

## Nutrition and Diabetes Counseling

## Obstetrics, Gynecology & Midwifery Services

## Occupational Medicine

## Orthopaedics – Four Seasons

## Outpatient Infusion Services

## Palliative Medicine

## Pharmacy

## Physical Therapy

- Inpatient
- Outpatient and Occupational

## Podiatry

## Primary Care

- Corner Medical
- Kingdom Internal Medicine
- St. Johnsbury Pediatrics

## Psychiatry

## Pulmonology

- Simple Spirometry
- 6 minute walk test
- Biologic management
- Inhaler Education

## Respiratory Care Services

- BiPAP/CPAP
- EEGs
- Inhaled medications and therapies
- Mechanical ventilation
- PFTs

## Sleep Medicine

## Speech-Language Pathology

## Surgical Services

- Anesthesia
- Ear, Nose, and Throat
- Endoscopy
- General Surgery
- Gynecology
- Obstetrics
- Orthopaedics
- Ophthalmology
- Podiatry
- Urology

## Urology

- Catheter management
- Cystoscopies
- Management of urinary problems
- Vasectomies

## Volunteer Services

## Service to the Community

	2025	2024
Acute Inpatient Admissions*	1,608	1,494
Deliveries	230	232
Acute Inpatient Days*	4,650	4,861
Average Length of Stay (days)*	2.9	3.3
Operating Room Minutes	184,753	200,868
Emergency Department Visits	15,074	14,103
Diagnostic Imaging Exams	25,974	24,324
Laboratory Tests	268,813	249,235

\*excludes swing bed and newborns

Annual Report text: **Emily Brooks**, Shawn Burroughs, Sarah Emery, Pat Forest, Diana Gibbs, **Jill Kimball**, Jennifer Layn, Susanne Lesnik, **Sarah Lydon**, Darcie Miles-Davis, Max Stinehour, Leslie Walker

Principal photography: NVRH staff, Damon Catavero

Additional photography: ChamberlinChamberlin, Alyssa Fontaine, Tim Kirchoff, Katie Renfrew,

Design: ChamberlinChamberlin



Choosing Health

**Northeastern Vermont Regional Hospital**

1315 HOSPITAL DRIVE

ST. JOHNSBURY, VERMONT 05819

802-748-8141

[nvrh.org](https://nvrh.org)

