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| C:\Users\k.barss\Desktop\cafe.jpg**Sandwich Bar***Turkey, ham, Cabot cheddar, Swiss and American**Egg, Chicken, Tuna and Ham salad***Salad Bar/Grab & Go***Available daily with a variety of fresh vegetables, legumes, cheese and other accoutrements sourced locally whenever possible****Local Products******Cheese:*** *Cheddar & Cottage Cabot, Vermont****Eggs:*** *Pete & Gerry’s from Monroe New Hampshire****Chicken:*** *Sustainably raised chicken breast (antibiotic free, veggie diet, cage free)****Turkey:*** *Sustainably raised turkey breast (antibiotic free, veggie diet, cage free)****Beef:*** *Local raised in Vermont (organic, grass fed)****Please ask a server if you have questions about our products or ingredients. Please let us know if you have food allergies or intolerances. We will be happy to assist you in any way we can.*****Week of October 6th to 10th** | **Monday**Beef Taco SaladA festive salad on top of tortilla chips.Bean, Cheese, and Rice BurritoSeasoned refried beans, green chilies, rice, cheddar cheese in a tortilla wrap.**Tuesday**Reuben CasseroleAll the flavors of a classic Reuben sandwich , baked together into a casserole.Sweet Pea RisottoA homemade dish with sweet peas, arborio rice, vegetable broth and parmesan cheese.**Wednesday**Chicken & GravyA homemade dish with seasoned chicken thighs, and gravy, served on mashed potato.Pearl Couscous with ChickpeasA homemade dish with couscous, chickpeas, raisins, spinach, and vegetable broth.**Thursday**Turkey BurgersTurkey burgers topped with Cabot cheddarGluten Free without bunPizza Bean SkilletA homemade bean dish with the flavors of a pizza. **Friday**MeatloafLocal beef , onion, gluten free breadcrumbs, and seasoning. Portobello Mushroom FlatbreadPortobello mushrooms, caramelized onions, thyme, and blue cheese crumbles. |