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| C:\Users\k.barss\Desktop\cafe.jpg  **Sandwich Bar**  *Turkey, ham, Cabot cheddar, Swiss and American*  *Egg, Chicken, Tuna and Ham salad*  **Salad Bar/Grab & Go**  *Available daily with a variety of fresh vegetables, legumes, cheese and other accoutrements sourced locally whenever possible*  ***Local Products***  ***Cheese:*** *Cheddar & Cottage Cabot, Vermont*  ***Eggs:*** *Pete & Gerry’s from Monroe New Hampshire*  ***Chicken:*** *Sustainably raised chicken breast (antibiotic free, veggie diet, cage free)*  ***Turkey:*** *Sustainably raised turkey breast (antibiotic free, veggie diet, cage free)*  ***Beef:*** *Local grown in Vermont (organic, grass fed)*  ***Please ask a server if you have questions about our products or ingredients. Please let us know if you have food allergies or intolerances. We will be happy to assist you in any way we can.***  **September 15th to 19th** | **Monday**  Beef Shepherd’s Pie  Homemade with local beef, mashed potato, and corn.  Vegetable Crustless Quiche  Homemade with egg, heavy cream, onions, peppers, tomato, zucchini, garlic, cheddar.  **Tuesday**  Beef Taco Salad  A festive salad on top of tortilla chips.  Vegetarian Enchilada  Homemade with pinto beans, spinach, cheddar, pepperjack cheese, wrapped in tortillas, and topped with enchilada sauce.  **Wednesday**  Chicken & Broccoli Empanada  Homemade with pie crust, chicken, broccoli, cheddar, and ranch dressing.  Chickpea Curry  Homemade with curry powder, coconut milk, veggies lime and chickpeas  **Thursday**  Swedish Meatballs  Meatballs with gravy on top of egg noodles.  Broccoli Casserole  A whole farm’s worth of broccoli has dedicated themselves to this homemade cheesy dish  **Friday**  Fish Cakes  Homemade with haddock, scallion, peppers, mayo, and GF Panko  Greek Gnocchi  Potato pasta, broccolini, red onion, feta cheese, cherry tomato, and pesto all roasted together in one pan. |
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