

# NEK FOOD ACCESS DIRECTORY



Summer  
'25  
Edition

### **3SquaresVT**

3SquaresVT can help you put healthy foods on your table every day! Wondering if you are eligible or want help applying? **Text VFBSNAP to 85511 or call 855-855-6181, or for 60+ only call 800-642-5119.**

### **Meals on Wheels Program**

Are you age 60 or older? You may be eligible to receive home-delivered meals through the Meals on Wheels program. **Call NEK Council on Aging at 800-642-5119 to register.**

### **Senior Meals**

Senior Meals sites are open to all. While there is no charge for anyone age 60+, there is a suggested donation which varies by meal site. Guests under age 60 are charged a guest fee. **See Directory listings for locations.**

### **VCIL**

Vermont Center for Independent Living's (VCIL) Meals on Wheels program provides meals to Vermonters (age 60 and under) that are experiencing serious illness, injury, or disability. This program assures that people who are unable to prepare their own meals and/or have no help with meal preparation get healthy meals. Meals are provided short or long-term depending on need. 1-800-639-1522, or [www.vcil.org](http://www.vcil.org)

### **Commodity Supplemental Food Program**

If you're 60 or older, you can save money on groceries and still eat the foods you love. The Commodity Supplemental Food Program provides a free box of food each month, which you can pick up at a designated location. **Enroll by calling 1-800-214-4648 or go to [vtfoodbank.org/share-food/csfp](http://vtfoodbank.org/share-food/csfp).**

## WIC (Women, Infants, and Children)

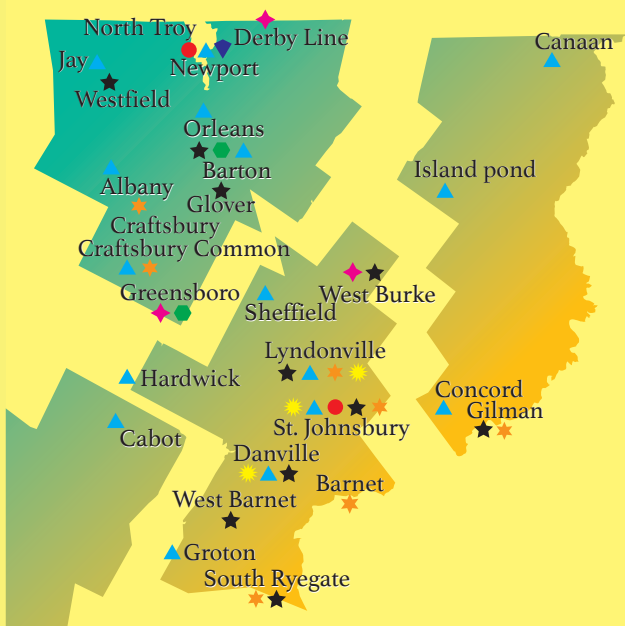
WIC provides healthy foods, nutrition education, breastfeeding support, and referrals for Vermonters who are pregnant, new parents and children up to age 5. Visit [healthvermont.gov/wic](http://healthvermont.gov/wic) to learn more and start your application online. Call the Newport office at 800-952-2945, or the St. Johnsbury office at 800-952-2936.

## Head Start/Early Head Start

Children receive healthy meals and snacks while attending Head Start/Early Head Start programs that provide education-based skills to help children become confident and excited learners. Services are free for all eligible families. For more information, call 802-525-3362.

**Dial 2-1-1 or go to [vermont211.org](http://vermont211.org) for additional resources**

# TRI-COUNTY MAP



24/7 Self Pickup



Community Meals



Community Garden



Food Shelf



Community Delivery



Senior Meals

# DIRECTORY BY COUNTY

## CALEDONIA

### BARNET

#### ***West Barnet Meal Site***

West Barnet Prebyterian Church

279 West Main St.

Wednesday & Friday 11:30a.m. - 12:30p.m.

Eat in, delivery or pickup\*

\*Must call to preorder pickup: (802)633-4068

before 9a.m. on the day of pickup,

(802)535-7860 or (603)638-4002 any other time.



### DANVILLE

#### ***Danville Congregational Church***

87 Hill St. (802)684-1151

3rd Monday of the month. 6p.m.



#### ***The Open Door Food Shelf & Thrift Shop***

Danville Ecumenical Community Center

29 Hill St., (802) 684-2515

Mondays, Wednesdays, Fridays, 10 a.m.- 1p.m.



### GROTON

#### ***Groton Food Shelf***

1476 Scott Hwy., (802)584-3276

Appointments scheduled during Town Clerk

Office Hours: Monday- Thursday 8:30a.m.-3p.m.

Call ahead to arrange pickup.



#### ***Groton Public Free Library***

1304 Scott Hwy., (802)584-3358

Appointments scheduled during Town Clerk

Little Free Pantry / Fridge available in

Library kitchenette.



24/7 Self Pickup



Community Garden



Food Shelf

# CALEDONIA

## HARDWICK

### ***Hardwick Area Food Pantry (HAFP)***

36 West Church St., (802)472-5940

Monday 12p.m.-2p.m.,

Thursday & Saturday 9a.m.-11a.m.

Delivery available - call or email

(hardwick@hardwickareafoodpantry.org)

to schedule. [nourishhardwick.org/pantry](http://nourishhardwick.org/pantry)



### ***Hardwick Community Lunch***

United Church of Hardwick

216 South Main St., (802)472-6353

Third and fourth Thursdays 12p.m.-1p.m.

Call to sign up for takeout.



## LYNDONVILLE

### ***Darling Inn Senior Meals***

76 Depot St., (802)626-8700

Available Monday-Thursday 11a.m. - 12:30p.m.

Call to order meals for pickup.

Congregate open. Home delivery.



### ***H.O.P.E.***

136 Church St., (802)626-3228

Tuesday - Friday 10a.m. - 2:30p.m.



### ***Lyndon Area Emergency Food Shelf***

St. Peters Mission, 51 Elm St.

(802)626-5705 or (802)626-5586

Wednesday 10a.m. - 2p.m.



### ***Neighbors in Action***

101 Main St., (802)626-1212

Food Share box pick-up: 2nd and 4th Friday of the month, 10:30a.m. - 12:30p.m.

Shop for perishables: 2nd and 4th Friday of the month, 9a.m. - 11a.m.

Community Lunch: 1st and 3rd Friday of the month, 12p.m. - 1p.m. Lunch

1p.m. - 3p.m. Bingo



## SAINT JOHNSBURY

### ***Community Fridge at St. Andrew's***

St. Andrew's Episcopal Church Parking Lot

1265 Main St.



# CALEDONIA

## ***Grace United Methodist Church***

36 Central St., (802)748-2895

Community Lunch

Monday (Except Holidays), 11a.m. - 12:15p.m.

Eat-in or Take-out.



## ***Kingdom Community Services***

### ***Food Shelf***

36 Steeple Place, (802)751-8581

Tuesday & Thursday 12p.m. - 3:45p.m.



## ***Mustard Seed Soup Kitchen***

178 Eastern Ave., (802)748-9870

Tuesday & Thursday 11a.m. - 1p.m.

Dine-in and take-out available.



## ***NEKCA St. Johnsbury Food Shelf***

1197 Main St., 2nd Floor (855)663-5224

Monday & Wednesday

12p.m. - 3p.m.



## ***NEK Neighbors Helping Neighbors***

### ***Food Shelf***

125 Mountain View Dr.

Mountain View Apartments, Community Room.

4th Saturday 10:30a.m. - 12p.m.



## ***Pleasant Street Baptist Church***

193 Pleasant St. (802)748-9029

Stop in before or after 11a.m.

Sunday Worship Service.



## ***Shares Corporation***

178 Eastern Ave., (603)651-8080

Friday 1p.m. - 4p.m.

Tuesday & Saturday 9a.m. - 12p.m.



## ***St Johnsbury House***

1207 Main St., (802)748-5467

Monday - Friday 10a.m. - 12p.m.

Home delivered meals, pick-up/take-out.

Congregate open.



## ***St. John the Evangelist Community Supper***

49 Winter St., (802)467-3019

Next to last Tuesday of each month, 5p.m.-6p.m.



24/7 Self Pickup



Community Garden



Food Shelf

# CALEDONIA

## ***United Community Church***

1325 Main St., (802)748-2603

Wednesday and Friday 11a.m. - 12:15p.m.

Congregate meal and take out.



## ***Universalist Unitarian Meeting House***

47 Cherry St.

Saturday 11a.m. - 12:15p.m.

Eat in or Take-out



## **SHEFFIELD**

### ***Sheffield Food Pantry***

Sheffield Town Hall, 3210 VT Rte 122

(802)397-2263

2nd Wednesday of the month 11:30a.m. - 1p.m.

Open to all living within a 20 mile radius of Sheffield, except for those who have a food shelf in their own town.



## **SOUTH RYEGATE**

### ***South Ryegate Senior Meals***

South Ryegate Presbyterian Church

114 Church St., (802)584-3727 - after 8:30a.m.

Tuesday, 12p.m., doors open at 11:30a.m.

Call by 10:30a.m. for take-out. Available at 12p.m.

Congregate and home delivery.



## **WEST BURKE**

### ***Little Free Food Pantry*** - Sunshine Box

Universalist/West Burke Library Building

West Burke Green



### ***West Burke Senior Meal Site***

Community Building, 212 School St.,

(802)467-3423 Call to Order.

Monday, Wednesday, Friday 12p.m.

Home delivery, congregare, and pickup/take-out meals



Community Delivery



Community Meals



Senior Meals

# ESSEX

## CANAAN

### **NEKCA Canaan**

253 Gale St., (802)266-7134

Monday, Thursday, Friday: 8am to 4pm

Tuesday: 8am-12pm

Wednesday 8am - 6pm

Check our website for updated hours:

nekcavt.org



### **Canaan Community Garden**

#### **(during Harvest Season)**

253 Gale St.

(802)266-7134



## CONCORD

### **Sid's Pantry**

Concord Health Center

201 East Main St.

2nd Saturday, 10a.m. - 12p.m.



## GILMAN

### **Gilman Senior Center**

19 Parrish St., (802)892-1052

Wednesday & Friday 12p.m. - 1p.m.

Eat-in or Take-out.

Home deliveries 1x per week and

take out by pre-order.



## ISLAND POND

### **Island Pond Community Services**

Sunrise Manor, 94 Main St., (802)723-6130

Monday, Tuesday & Friday, 12p.m.

Congregate open.



### **Island Pond Food Shelf**

First Congregational Church of Brighton

21 Middle St., (802)723-5037

Monday-Wednesday 5p.m. - 6:30p.m.

Appointment and proof of residence required.

Flexibility available.



### **NEKCA Island Pond**

49 Mill St., Lower Level (802)723-5276

Tuesday 10:30a.m. - 3p.m.

Thursday 9a.m. - 1:30p.m.

Check our website for updated hours:

nekcavt.org



24/7 Self Pickup



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# ORLEANS

## ALBANY

### ***Albany Food Share (HAFP)***

Albany Town Hall

830 Main St., (802)323-1521

Saturday 10:30a.m. - 12:30p.m.

Delivery available to Albany and Irasburg

Visit [nourishhardwick.org](http://nourishhardwick.org) for more information

[albany@hardwickareafoodpantry.org](mailto:albany@hardwickareafoodpantry.org)



## BARTON

### ***Barton Community Giving Garden (during Harvest Season)***

Barton Library Yard, 100 Church St.

'Help-Yourself' table Wednesdays 11a.m. - 1p.m.,  
in front of the library

All are welcome to volunteer and harvest



## CRAFTSBURY COMMON

### ***Craftsbury Food Share (HAFP)***

UCC-Church on the Common, 7 Church Lane  
(802)586-0191

Thursday 12p.m. - 3p.m.

[nourishhardwick.org/pantry](http://nourishhardwick.org/pantry)

[craftsbury@hardwickareafoodpantry.org](mailto:craftsbury@hardwickareafoodpantry.org)



## GLOVER

### ***The Glover & Barton Senior Center***

3018 Glover St., VT Rt. 16, (802)525-1000

Wednesday congregate meal at noon.



## GREENSBORO

### ***Greensboro Community Giving Garden (during Harvest Season)***

81 Lauredon Ave.

Call or Text (802)624-0406



### ***Greensboro Little Food Pantry***

Greensbory United Church of Christ

165 Wilson St., (802)533-2223



# ORLEANS

## HOLLAND

### ***Holland Food Shelf***

26 School Rd., (802)525-9797 or (802)274-2829  
3rd Wednesday from 10a.m. - 2p.m.



## JAY

### ***Jay Area Community Food Shelf***

1036 Rte. 242, (802)848-3133  
Thursday 9a.m. - 12p.m.  
May be used once per month, or on an emergency basis



## NEWPORT

### ***NEKCA Newport***

70 Main St., (855)663-5224  
Monday, Tuesday, Thursday, Friday  
12p.m. - 3p.m.  
Check our website for updated hours:  
[nekcavt.org](http://nekcavt.org)



### ***Saint Mark's Episcopal Church***

44 Second St., (802)334-7365  
Monday 11:30a.m. - 12:30p.m.



### ***United Church of Newport***

63 Third St., (802)334-6033  
Open Monday 11:30a.m. - 12:30p.m.



24/7 Self Pickup



Community Garden



Food Shelf

# ORLEANS

## ORLEANS

### ***Little Free Food Pantry ~ The Blessing Box***

Orleans Federated Church, 24 School St.  
24-hour access outside church's front door



### ***Orleans Community Food Shelf***

Orleans Federated Church, 24 School St.  
(802)754-6486  
Monday 8:30a.m. - 9:30a.m.



## WESTFIELD

### ***Westfield Senior Meal Site***

59 North Hill Rd., (802)744-5466  
Thursday, 9:00am - 3:00pm.  
Dinner is served at noon.

People arrive early to play cards and stay after for bingo. Pickup/takeout or sit-down service.  
Call ahead for pickup, but sit-downs have priority. May pickup for friend/neighbor.



# WASHINGTON

## CABOT

### ***Neighbors in Action***

3339 Main St., (802)563-3322  
2nd and 4th Wednesday of each month  
12p.m. - 2p.m.





## Food Hero is here for you!

Whether you are a  
new or experienced gardener or cook,  
Food Hero has resources for everyone.

### *You'll find...*

Healthy recipes that are tasty, quick, easy  
and low-cost.

Gardening tips that are simple, timely  
and low-cost.

Materials developed by cultural workgroups.

Food Hero Monthly with tips about featured foods.

Seasonal blog posts on nutrition and  
gardening topics

All information is available in Spanish  
and in English.

This directory is updated and distributed  
by a wide range of NEK-based  
food access organizations.

If you find any errors, please let us know by  
calling (855) 663-5224  
or emailing [twingert@nekcavt.org](mailto:twingert@nekcavt.org)