

## Substance Misuse Prevention School Curriculum Process - Spring 2025

The Northeast Vermont Prevention Consortium is pleased to announce that we have approximately \$16,500 to support the building of prevention capacity through curriculum support within Region 3. Region 3 is made up of: LNSU, LSSU, OSSU, NCSU, OCSU, ENSU, SJSD, KESU, BMU, CCSU. These funds are available first come, first serve. All requests should be received by June 1st. The intent is that schools will implement the curriculum/program starting in the 25/26 academic year. This process is in response to the recent Region 3 School Needs Assessment conducted by Pacific Institute of Research and Evaluation. Thank you to all that participated!

**Process:** Please review this communication in full. We encourage you to attend an optional virtual info session (link below) on 4/30/25 at 3:00. This info session will be recorded. The link to the request form will be shared during the info session and will be sent out with the recording after the info session. Forms will be reviewed weekly on Wednesdays until all funds are awarded or June 18th. In most cases NVPC will order on behalf of your school.

We will notify you of your award within three weeks of your request and we may reach out for clarifying questions. We will close the link once we have confirmed that these funds have been granted. If there are requests in the queue when we reach this point, we will notify those in the queue.

NVPC reserves the right to fund portions of requests. Completion of this form does not guarantee funding. This process is independent of the NVPC FY26 Subgranting Processes.

**Evaluation:** We want to keep this simple. There will be two short surveys via a google form to the primary contact you provide(December'25 and June '26). You will be asked these questions: Name of School, Name/contact of person completing form. How many staff members have been trained or implemented? Were any students trained to facilitate? Implementation: What are the grade levels and numbers served? How has this increased your prevention capacity? What have been your successes? If you have not implemented what have been barriers/what is your plan to implement? What support can the NVPC provide?

## **Menu Options:**

**1. Too Good For Drugs (TGFD)** <u>Digital Catalog</u> (including replacement student workbooks)

1A. Grade Specific Kits: (K-8, High School) Range in price from \$285-\$515.95 (Workbooks included)

1B. Replacement workbooks: 30 for \$54.95

Skills development is at the core of *Too Good for Drugs*, a universal K-12 prevention education program designed to mitigate the risk factors and enhance protective factors related to alcohol, tobacco, and other drugs (ATOD) use. The lessons introduce and develop skills for making healthy choices, building positive friendships, developing self-efficacy, communicating effectively, and resisting peer pressure and influence.

*Too Good for Drugs* teaches five essential character development skills to build self-efficacy, promote healthy development, and academic success:

- Setting Reachable Goals
- Making Responsible Decisions
- Bonding with Pro-Social Others
- Identifying and Managing Emotions
- Communicating Effectively

## 2. Vive18 Youth Drug Prevention Curriculum - VIVE18 | Youth Drug Prevention Programs

Middle/High School (Grades 5-12) Two options: Online facilitator training and portal access good for one year.

## **2A. Start and Grow a Youth Prevention Club Curriculum** \$199/per facilitator

Peer-led initiatives are one of the top strategies in the prevention field. If you don't have one, you're missing out on impact, sustainability and even funding opportunities.

If you're ready to transform your peer-led prevention efforts and make a lasting impact in your community, the Youth Launch Framework is your comprehensive guide to avoiding common pitfalls and ensuring you attract students who are passionate, committed, and driven to make a difference. You'll learn proven strategies that Vive18 uses with groups all over the nation like... Youth Launch Framework, Meetings Mastery, and Level Up Youth Leadership.

**2B. Beyond Drugs, Alcohol, and Vaping - A Facilitator's Training** \$280/per Facilitator In this training, peer leaders and adult facilitators will learn to utilize Vive18's evidence-based substance use prevention toolkit/curriculum. These activities are aligned with 90% of the Social Emotional Learning (SEL) competencies and 60% National School Counselor (ASCA) standards.

Results show that the lessons help boost protective factors while teaching valuable life skills.

- Positive Self Esteem
- Setting Boundaries
- Goal Setting
- Resistance to Peer Pressure
- Healthy Coping Skills

After completing this course you will be able to implement these 18 activities as a peer leader or adult facilitator. Enjoy and keep up the amazing work!

Additional Materials Available: VIVE Instructor Manual: \$45 each. VIVE Student Manual: \$25 each.

School license to print manuals in house: \$500/year.

**3.** Getting to "Y" - UP for Learning \$1,000 per school group. This includes the in person training day. There are middle and high school groups and trainings.

GETTING TO 'Y' is an opportunity for students to bring meaning to their own Youth Risk Behavior Survey data. Through youth leadership, partnerships with adults, participatory action research, and peer and community engagement, participants not only experience personal growth and build their capacity for future civic engagement, but also effect sustainable change in youth behavior, community and school culture.

4. <u>Screenagers Movie | Screen In Your Community</u> One film- \$950 - Two Films - \$1,250. These licenses are good for one school, one year - multiple showings.

Screenagers has four film options: Growing Up in a Digital Age, Elementary School Edition, Next Chapter - Addressing Mental Health in a Digital Age, Under the Influence - Addressing Vaping Drugs and Alcohol in a Digital Age.

- 5. Ron Clark Academy House System Model \$2,500 per person (includes lodging/transportation/registration) to go to the Ron Clark Academy and learn about the House System Model. Hyde Park Elementary has been running this program school wide with extraordinary results for students, families, and school benchmarks. They have offered to consult with any other schools in our region that may be interested in pursuing this program.
- **6. Other Options:** If you are requesting a curriculum not listed above, please include the name of the curriculum and briefly describe how it aligns with your school's prevention goals. Let us know if it is evidence-based, whether it's already being implemented, and any additional context that would help us understand your request.