NVRH Life Support Classes Description Sheet
(March 2021)
All materials Listed Below Can Be Purchased at https://shopcpr.heart.org/

BLS for Health Care Provider Class
Time: 4 hour instructor led session.
Material: Student manual is recommended
Class: Review of the material along with a written test and a hands-on skill testing.
Card: Completion of test and skill portion required. E-card emailed to you following the class.
Who: Healthcare Care Providers that strictly want a class setting with no online portions

BLS for Health Care Provider Online Option (Heartcode)
Time: Complete online module on own schedule, attend a 1 hour skill check at NVRH (Time may vary based on class size)
Material: Heartcode BLS for Provider Module must be completed prior to skills check. Student manual is recommended.
Class: There is a brief review of the material along with hands-on skill testing
Card: Provide paper proof of Heartcode completion and pass skills check. E-card emailed following the class.
Who: Healthcare Care Providers that want an online portion with shorter class time.
Module: https://shopcpr.heart.org/courses/bls

Heartsaver: CPR, AED, First Aid (Adult and Pediatric Options)
Time: 2 Hour Skill Check (Times will vary with class size)
Material: Heartsaver CPR, AED, First Aid Online Module. Complete prior to skills check. Student manual recommended.
Class: Brief review and hands-on skills check
Card: Provide paper proof of completion of online module and pass the skills check. E-card emailed following class.
Who: Students with little to no medical training. NOT for Health Care Workers
Module: https://shopcpr.heart.org/heartsaver

ACLS New Certification:
Time: AHA Two Day (8 hour days)
Material: Student manual is required
Class: AHA structured class on ACLS components including, DVD, Hands-on, and Mock Codes
Card: Must pass written test and pass leading one mock code. E-card emailed following class
Who: Any HCP wanting ACLS for the first time
Pre-course Work: See link and code in front of student manual

ACLS Recertification: (Heartcode)
Time: Complete Online Heart Code ACLS module on own time and attend 4 hour skill session
Material: Online ACLS Heartcode Module required. Student manual is recommended.
Class: Hands-on practice on algorithms, I/O, Airway, Meds, Mock Codes. Lead one code
Card: Provide paper proof of completion of online module and pass the skills check. E-card emailed following class.
Who: Any HCP who has had ACLS in the past and needs to recertify
Module: https://shopcpr.heart.org/courses/acls

ACLS Skills Day: (Practice Only)
Time: Same 4 hr. class as a re-cert but you can come for as much or as little as you choose
Material: None required
Class: A practice session for hands-on training designed just to get you more comfortable with ACLS skills. No testing
Who: Any person certified in ACLS or interested in ACLS

PALS New Certification:
Time: AHA Two Day (8 hour days)
Material: Student manual is required
Class: AHA structured class on PALS components including: DVD, Hands-on, and Mock Codes
Card: Must Pass written test and pass leading one mock code. E-card emailed following class
Who: Any HCP wanting PALS for the first time
Pre-course Work: See link and code in front of student manual

PALS Recertification:
Time: Complete Online Heart Code PALS module on own time and attend 4 hour skill session
Material: Student manual is recommended
Class: Hands-on practice on algorithms, I/O, Airway, Meds, Mock Codes. Lead one code
Card: Provide paper proof of completion of online module and pass leading one mock code. E-card emailed following class
Who: Any HCP who has had PALS in the past and needs to recertify

PALS Skills Day: (Practice Only)
Time: Same 4 hr class as a re-cert but you can come for as much or as little as you choose
Material: None required
Class: A practice session for hands-on training designed just to get you more comfortable with PALS skills. No testing
Who: Any person certified in PALS or interested in PALS