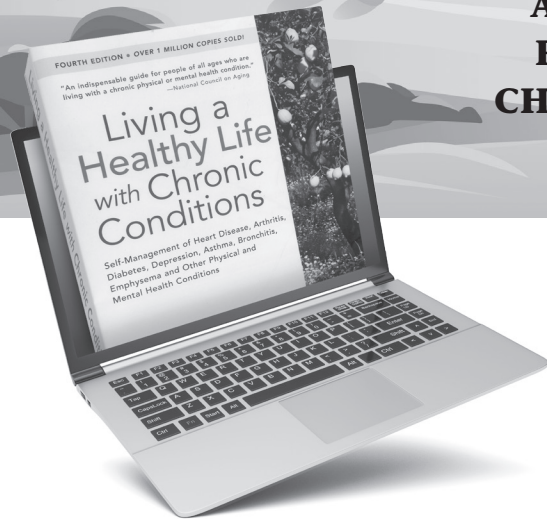


Do you have a chronic health condition that is affecting your life?
Would you like to change your life for the better?

HEALTHIER LIVING

WORKSHOP

A **FREE** PROGRAM
FOR PEOPLE WITH
CHRONIC CONDITIONS



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Choosing Health

**NORTHEASTERN VERMONT
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ONLINE SESSIONS!

**TUESDAYS,
SEPT. 8 – OCT. 13, 2020
9 – 11:30 a.m.**

TO ENROLL, CALL 802-748-7395 OR MAIL THIS TO:
KATIE BOCCHINO, NVRH, BOX 905, ST. JOHNSBURY, VT 05819

*Registration limited to 18
people, 10 person minimum.*

NAME _____

ADDRESS _____

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