

The following steps can be completed on a smartphone, tablet, or a computer. If you have a smartphone, please download the MEDITECH MHealth App (available on iOS and Android)



 After a clinic staff member creates a portal account for you, you will receive an email titled MyPortal One Time Password from no-reply@nvrh.org that appears like the one below:



2. Select the "Click here to sign in" link.





3. This will bring you to the NVRH portal page to create your account. Start by creating a **Logon ID**. The requirements for the Logon ID are listed at the top of the page.

•	5	1 0
Northeastern Vermont Regional H	DSPITAL DSPITAL	Log Off
Please select a new Logon I	D and Password. Also define the Security Question to activate your user.	
Change Logon ID and Password		
Logon ID must: • Contain no fewer than 4 chara • Contain no more than 24 char. • Contain no fewer than 2 nume Password must: • Contain no fewer than 4 chara • Contain no more than 24 char. • Contain no fewer than 2 nume	cter(s) icter(s) ic character(s) cter(s) cter(s) ic character(s)	
New Logon ID		
New Password		
Confirm New Password		
Security Question	In what city (full name of city) was your Mother born ?	•
Security Question Answer		
		Continue

4. Next, you will create your **Password**. The requirements for the Password are also listed towards the top of the page. You will have to enter your password and then confirm it in the next box to make sure it matches. Make sure you write down or save your username and password in a safe place.

Northeastern Vermont Region	al Hospital	Log Off
Please select a new Log	on ID and Password. Also define the Security Question to activate your user.	
Change Logon ID and Passwor	d	
Logon ID must: • Contain no fewer than 4 c • Contain no more than 24 • Contain no fewer than 2 n Password must: • Contain no fewer than 4 c • Contain no fewer than 2 n • Contain no fewer than 2 n New Logon ID	haracter(s) character(s) umeric character(s) haracter(s) character(s) umeric character(s)	
New Password		
Confirm New Password		
Security Question	In what city (full name of city) was your Mother born ?	¥
Security Question Answer		
		Continue



5. The last step is to choose a **Security Question**. Click in the box that says "In what city..." to expand the full list of security questions.

NORTHEASTERN VERMONT REGION		Log Off
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Change Logon ID and Password	d	
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New Password		
Confirm New Password		
Security Question	In what city (full name of city) was your Mother born ?	۲
Security Question Answer		
	Ca	ontinue

6. Once the box is expanded, choose a **Security Question** from the list and type in the answer to the chosen security question in the box below.

			ff
	In what city (full name of city) was your Mother born ?		Ľ
NORTHEASTERN VERMONT REGIONAL H	In what city (full name of city) were you born ?		
	In what year was your Father born ?		
Please select a new Logon I	In what year was your Mother born ?		
	What is the last name of your kindergarten teacher ?		
Change Logon ID and Password	What is your Father's middle name ?		
Logon ID must: • Contain no fewer than 4 characteristics	What is your Mother's middle name ?		
Contain no more than 24 chara Contain no fewer than 2 nume	What is your favorite beverage ?		
Contain no fewer than 4 chara	What is your favorite vacation city ?		
 Contain no more than 24 chara Contain no fewer than 2 nume 	What is your maternal Grandmother's first name ?		
New Logon ID	What is your paternal Grandfather's first name ?		
New Password	What was the first name of your first boyfriend/girlfriend ?		
Hen rassing	What was your first pet's name ?		
Confirm New Password	What was your high school mascot ?		
Security Question	In what city (full name of city) was your Mother born ?	Ŧ	
Security Question Answer			
	Contin	iue	



7. Once you have entered all of the information, select the **Continue** button.

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Please select a new Logo	on ID and Password. Also define the Security Question to activate your user.	
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	Testing 1254	
New Password	••••••	
Confirm New Password	•••••	
Security Question	What was your high school mascot ?	*
Security Question Answer	Tigers	
	Co	ontinue

8. This will bring you to the **Portal User Agreement**. Select the scroll bar on the right and scroll all the way to the bottom.

HEASTERN VERMONT REG	JONAL HOSPITAL	Log
User Agreement		*
	Northeastern Vermont Regional Hospital	
	PATIENT PORTAL INFORMED CONSENT AND USER AGREEMENT	
Northeastern Vermont and office staff through can be a benefit to pat intended to assure tha forth in NVRH's Patient Patient Portal Informed indemnity provisions.	Regional Hospital ("NVRH") offers patients a voluntary secure way to communicate wit a secure web-page portal (the "NVRH MyPortal"). While secure messaging facilitates lents and physicians, there are inherent risks involved. This Informed Consent and Us t you have reviewed the risks and that you accept such risks and the conditions of part Portal Policies and Procedures, as amended or superseded from time to time. Please i J Consent and User Agreement carefully, as it contains limitation of liability, disclaimer	th their physicians communication and er Agreement is cicipation, as set review the following of warranty and
Security of Commun	ications	
Communication throug communications. You your communications a reaching the correct er assuring that NVRH ha	h the Patient Portal is encrypted to prevent unauthorized persons from reading or acce are able to access such secure communications through your private login information. and information in the Patient Portal depends in large part on two additional factors: th nail address and the privacy of your login information to your email address. You are s s the correct email address for your communications and for monitoring who has access	essing your . The security of e communication responsible for ss to your email.
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NVRH AND ITS AFFILIA USE OF THE PATIENT F THAT THE PATIENT PO	TES, LICENSORS, SUPPLIERS, ADVERTISERS, SPONSORS AND AGENTS DO NOT WAR ORTAL WILL BE UNINTERRUPTED, ERROR-FREE OR SECURE, THAT DEFECTS WILL BE RTAL OR THE SERVER(S) ON WHICH THE PATIENT PORTAL IS HOSTED ARE FREE OF VI S VIII AFVANME EDGE THAT VIII ARE BERSONSTBIE E OR ORTATINING AND MAINTATI	RANT THAT YOUR CORRECTED, OR IRUSES OR OTHER

9. Accept the Portal User Agreement.



10. This will bring you to your **NVRH Portal Home Page**. You can select any of the buttons to view that health record information.





11. When you are finished exploring your portal, you will want to exit by selecting the **Log Off** button in the top right.

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essages	Health Record	Medications	Appointments	S Billing	Profile
Announ	cements				
For inform	nation on Covid-19 please	e visit the NVRH website	at www.nvrh.org		